

Funk It Up

Count: 32

Wall: 4

Level: Improver

Choreographer: Sho Botham (UK)

Music: Rock This Planet - Billy Ray Cyrus



You can 'funk it up' with body rolls on the rocks if you want to give the dance a bit of an edge and it looks great danced with a hat

ROCKS AND SHUFFLES TRAVELING BACK AND FORWARD

- 1-2 Rock forward right, step in place left
- 3&4 Shuffle back right-left-right
- 5-6 Rock back left, step in place right
- 7&8 Shuffle forward left-right-left

ROCKS AND SHUFFLES TRAVELING LEFT AND RIGHT

- 9-10 Rock right to right, step in place left
- 11&12 Shuffle right-left-right traveling to left (right across front of left)
- 13-14 Rock left to left, step in place right
- 15&16 Shuffle left-right-left traveling to right (left across front of right)

GRAPEVINES RIGHT AND LEFT WITH HITCHES

- 17-20 Grapevine right, hitch left*
- 21-24 Grapevine left, hitch right*

Hitches can have optional relaxed hop on supporting leg

KNEE POPS MAKING ONE HALF TURN TO RIGHT

During the following 8 counts gradually complete one half turn to right

- &25-26 Transfer weight to right, touch left to right with left knee pop, hold position
- &27 Transfer weight to left, touch right to left with right knee pop
- &28 Transfer weight to right, touch left to right with left knee pop
- &29-30 Transfer weight to left, touch right to left with right knee pop, hold position
- &31 Transfer weight to right, touch left to right with left knee pop
- &32 Transfer weight to left, touch right to left with right knee pop

The rhythm of these last 8 counts can be counted "& slow & quick, & quick, & slow, & quick, & quick".

Optional styling: touch right hand to hat and look down during last 8 counts.

REPEAT

TAG

"Rock This Planet" has an eight count bridge after the second wall. Repeat the last 8 counts of the dance, either with no turn or making one complete turn to right.