

# For A Dancer

Count: 32

Wall: 4

Level: Improver

Choreographer: Chris Peel (UK)

Music: For a Dancer - Linda Ronstadt & Emmylou Harris



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## **CROSS ROCK, CROSS CHASSÉ, ROCK BACK, SIDE BEHIND ¼ TURN**

- 1-2 Rock right across left, recover left
- 3&4 Side step right, step left across right, side step right
- 5-6 Rock left behind right, recover right
- 7&8 Side step left, step right behind left, step ¼ turn left on left

## **SIDE ROCK, TRIPLE ½ TURN LEFT, SIDE ROCK, TRIPLE ½ TURN RIGHT**

- 9-10 Rock right to side, rock left in place
- 11&12 Triple ½ turn left stepping right, left, right in place
- 13-14 Rock left to side, rock right in place
- 15&16 Triple ½ turn right stepping left, right, left in place

## **ROCK FORWARD, LOCK SHUFFLE FORWARD, ROCK BACK, LOCK SHUFFLE BACK**

- 17-18 Rock right forward, rock left in place
- 19&20 Step forward right, lock left behind right, step forward right
- 21-22 Rock left forward, rock right in place
- 23&24 Step back left, lock right across left, step back left

## **TOUCH, FLICK, SAILOR STEP, (LEADING RIGHT, THEN LEFT)**

- 25-26 Touch right across left, flick right to side
- 27&28 Swing right behind left, side step left, step right together
- 29-30 Touch left across right, flick left to side
- 31&32 Swing left behind right, side step right, step right together

## **REPEAT**

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