

Forbidden Pleasures

Count: 64

Wall: 1

Level: Intermediate/Advanced

Choreographer: Don McRitchie (AUS)

Music: Love Kept A Hold On My Heart - Chris Sayer



FORWARD, TOE, BACK, HEEL, COASTER STEP, ROCK, ROCK

- 1-2-3-4 Step forward on right, touch left toe behind right, step back on left, touch right heel in front of left
- 5&6 Step back on right, step left beside right, step right forward (coaster step)
- 7-8 Rock forward on left, rock back on right (accentuate the hip movement)

FORWARD, TOE, BACK, HEEL, COASTER STEP, ROCK, ROCK

- 1-2-3-4 Step forward on left, touch right toe behind left, step back on right, touch left heel in front of right
- 5&6 Step back on left, step right beside left, step left forward (coaster step)
- 7-8 Rock forward on right, rock back on left (accentuate the hip movement)

SIDE BEHIND, TURN, SHUFFLE, COASTER STEP

- 1-2-3-4 Step right to side, step left behind right, making a full turn right step right-left (end facing 12:00 wall)
- 5&6 Shuffle to right (right, left, right)
- 7&8 Step forward on left, step right beside left, step back on left (coaster step)

COASTER STEP SIDE BEHIND, TURN, SHUFFLE,

- 1&2-3-4 Step back on right, step left beside right, step forward on left (coaster step), step left to side, step right behind left
- 5-6 Making a full turn left step left-right (end facing 12:00 wall)
- 7&8 Shuffle to left (left, right, left)

COASTER STEP, COASTER STEP, ROCK, ROCK, ¼ TURN COASTER STEP)

- 1&2 Step forward on right, step left beside right, step right back (coaster step)
- 3&4-5-6 Step back on left, step right beside left, step forward left (coaster step), rock forward on right, rock back on left
- 7&8 Step back on right, step left beside right, making ¼ turn right step on right (¼ turn coaster)

FORWARD LOCK & SHUFFLE, FORWARD LOCK & SHUFFLE

- 1-2-3&4 Step forward on left, lock right behind left, step forward on left, step right behind left, step forward on left (forward lock shuffle)
- 5-6-7&8 Step forward on right, lock left behind right, step forward on right, step left behind right, step forward on right (forward lock shuffle)

FORWARD, BACK, TURN, SHUFFLE, FORWARD, BACK, TURN, SHUFFLE

- 1-2-3&4 Step forward on left, rock back on right (preparing to turn ½ turn left), making ½ turn left shuffle forward left, right, left
- 5-6 Step forward on right, rock back on left (preparing to turn ¾ turn right)
- 7&8 Making ¾ turn right, shuffle forward right, left, right (end facing 6:00 wall)

FORWARD, BACK, COASTER STEP, ¼ TURN, ¼ TURN.

- 1-2-3&4 Step forward on left step back on right, step back on left, step right beside left, step forward on left (coaster step)
- 5-6 Step forward on right, make ¼ turn left transferring weight on to left (paddle step)
- 7-8 Step forward on right, make ¼ turn left, transferring weight on to left (paddle step)

REPEAT

TAG

There are six beats after the last paddles. To fit the music shuffle forward right, left, right -- left, right, left. Step forward on right, stomp left beside right hold.
