Forever Always

Count: 28

Level: Improver

Choreographer: Karen Hadley (UK)

Music: Forever and for Always - Shania Twain

Red & Green CDs. Count Intro after main beat, starting on line main vocals "In Your Arms".

STEP, LEFT SHUFFLE FORWARD, FORWARD ROCK, COASTER STEP, BALL STEP

- 1 Step forward on right
- 2&3 Step forward on left, step right beside left, step forward on left
- 4-5 Rock forward on right, rock back onto left
- 6&7 Step back on right, step left beside right, step forward on right
- 8& Step ball of left beside right, step forward on right

FORWARD ROCK, ¾ TRIPLE TURN, SIDE, BEHIND, BALL-CROSS, SIDE

- 1-2 Rock forward on left, rock back onto right
- 3&4 Triple ³/₄ turn left, stepping - left, right, left (3:00)
- 5-6 Step right to right side, cross step left behind right
- &7 Step ball of right to right side slightly back, cross step left over right
- 8 Step right to right side

BALL-CROSS, SIDE, COASTER STEP, STEP, PIVOT ½ TURN, ½ SHUFFLE TURN

- &1 Step ball of left to left side slightly back, cross step right over left
- 2 Step left to left side
- 3&4 Step back on right, step left beside right, step forward on right
- 5-6 Step forward on left, pivot 1/2 turn right
- 7&8 Shuffle ¹/₂ turn right, stepping - left, right, left (3:00)

BACK ROCK, KICK BALL-STEP

- 1-2 Rock back on right, rock forward onto left
- 3&4 Kick right forward, step right beside left, step forward on left

REPEAT





Wall: 4