

Freight Train

Count: 0

Wall: 2

Level: Intermediate

Choreographer: Michael Vera-Lobos (AUS)

Music: Flyin' Down The Line - Sisters Wade



Sequence: ABC, AB, C(counts 1-8), ABB, C (counts 1-8), A

PART A

SHUFFLE FORWARD, SHUFFLE FORWARD, ¼ SHUFFLE LEFT, ¼ SHUFFLE LEFT

1&2-3&4 Shuffle forward right stepping right-left-right, shuffle forward left stepping left-right-left

5&6-7&8 Turning ¼ turn left shuffle back right-left-right, turning ¼ turn left shuffle forward left-right-left full turn

SHUFFLE FORWARD, CROSS BALL JACK, BALL CROSS, ¼ HEEL

1-2-3&4 Traveling forward turn full turn left stepping on right then left, shuffle forward right stepping right-left-right

5&6&7&8 Cross left over, step right to right touching left heel forward, step left to left crossing right over left, step left to left turning ¼ turn right touching right heel forward

BALL STEP, ½ PIVOT, STEP FORWARD, ½ PIVOT, CROSS SHUFFLE, ¼ LEFT, ¼ LEFT

&1-2-3-4 Stepping onto right step forward on left, pivot ½ turn right, step forward left, pivot ½ turn right (end weight right)

5&6-7-8 Cross shuffle left over right stepping left, right, left, step right to right turning ¼ turn left, step back left turning ¼ turn left (end weight on left)

STEP SIDE, DRAG BESIDE, LEFT COASTER, STEP SIDE, DRAG BESIDE, LEFT COASTER

1-2-3&4 Step right to right, drag left beside right (end weight right), step back left, step right beside left, step forward on left

5-6-7&8 Step right to right, drag left beside right (end weight right), step back left, step right beside left, step forward on left

ROCK FORWARD/ROCK BACK/ROCK BACK/ROCK FORWARD, STEP FORWARD, ½ PIVOT, SIDE SHUFFLE

1-2-3-4 Rock forward on right, rock back on left, rock back on right, rock forward on left

5-6-7&8 Step forward on right, pivot ½ turn left, side shuffle right stepping right-left-right

ROCK FORWARD/ROCK BACK/ROCK BACK/ROCK FORWARD, STEP FORWARD, ½ PIVOT, SIDE SHUFFLE

1-2-3-4 Rock forward on left, rock back on right, rock back on left, rock forward on right

5-6-7&8 Step forward on left, pivot ½ turn right, side shuffle left stepping left-right-left

PART B

STOMP, KICK FORWARD, BACK COASTER, STEP ½ TURN, STEP, ½ TURN

1-2-3&4 Stomp right (rebound)kick right forward, step back on right, step left beside right, step forward on right

5-6-7&8 Step forward on left, pivot ½ turn right, step forward on left, pivot ½ turn right (end weight on right)

SIDE ROCK ROSS, SIDE ROCK CROSS, SIDE ROCK CROSS, ¼ LEFT, ½ LEFT

1&2-3&4 Rock left to left, rock weight on right, cross left over right, rock right to right, rock weight on left, cross right over left (this travels slightly forward)

5&6-7-8 Rock left to left, rock weight on right, cross left over right, step right to right turning ¼ turn left, step back on left turning a further ½ turn left

STOMP, KICK FORWARD, BACK COASTER, STEP ½ TURN, STEP, ½ TURN

- 1-2-3&4 Stomp right (rebound)kick right forward, step back on right, step left beside right, step forward on right
- 5-6-7&8 Step forward on left, pivot ½ turn right, step forward on left, pivot ½ turn right (end weight on right)

SIDE ROCK ROSS, SIDE ROCK CROSS, SIDE ROCK CROSS, ¼ LEFT, ½ LEFT

- 1&2-3&4 Rock left to left, rock weight on right, cross left over right, rock right to right, rock weight on left, cross right over left (this travels slightly forward)
- 5&6-7-8 Rock left to left, rock weight on right, cross left over right, step right to right turning ¼ turn left, step back on left turning a further ½ turn left

PART C

ROCK FORWARD/BACK, STEP BACK, ¼ LEFT, STEP, SHUFFLE FORWARD, STEP HALF

- 1-2-3&4 Rock forward right, rock back on left, step back right, step left beside right turning ¼ turn left, step right next to left
- 5&6-7-8 Shuffle forward left stepping left-right-left, step forward right pivot ½ turn left (end weight left)

ROCK FORWARD/BACK, STEP BACK, ¼ LEFT, STEP RIGHT, ROCK FORWARD/BACK, STEP BACK, TOGETHER, ¼

- 1-2-3&4 Rock forward right, rock back on left, step back right, step left beside right turning ¼ turn left, step right next to left
- 5-6-7&8 Rock forward left, rock back right, step back left, step right beside left, step left to left turning ¼ turn left
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