Feel Like I'm Falling

Level: Intermediate

Choreographer: Yvonne Dunn (UK)

Count: 32

Music: Falling - Gabrielle

SIDE, STEP BACK, SHOULDER ROLL, STEP FORWARD, FULL SPIRAL TURN, CONTRA CHECK, PUSH BACK, FULL TURN

- 1 Step left foot to left side
- 2 Step right foot back
- 3 Hold feet in place & roll right shoulder from front to back (look back)
- 4 Step left foot forward
- & Make ¹/₂ turn over left shoulder & step right foot back
- 5 Keep weight on right foot make half turn over left shoulder trailing left toe on floor
- 6 Step left foot forward (bent leg & with right shoulder lead)
- 7 Step right foot back (straightening leg keeping right shoulder lead)
- 8 Step left foot back starting full turn over right shoulder
- & Step right foot forward
- 9 Step left foot back completing full turn over right shoulder

Look over left shoulder and place hands across eyes with open fingers & palms away from face

WALK, WALK, KICK OUT OUT, RAG DOLL LEFT TO RIGHT

- 18 Step right foot forward slightly across left
- 19 Step left foot forward slightly across right
- 20 Kick right foot forward
- & Step right foot to right side
- 21 Step left foot to left side
- 22-23 Keeping feet in place lean to left side, drop head back start back lean
- 24-25 Continuing lean back change weight from left to right

CHA-CHA LEFT, QUARTER TURN CHA-CHA RIGHT, SYNCOPATED CROSS OVER BREAKS

- 26 Step left foot to left side
- & Close right to left
- 27 Step left foot to left side
- 28 Making quarter turn right step right foot to right side
- & Close left to right
- 29 Step right foot to right side
- 30 Cross left foot diagonally in front of right with weight
- & Replace weight onto right foot
- 31 Rock left out to left side
- & Replace weight onto right foot
- 32 Cross left foot diagonally in front of right with weight
- & Replace weight onto right foot

REPEAT

TAG

After 3rd repetition, only when danced to original track

- 1 Step left foot to left side, touch right foot to left instep (looking over left shoulder left hand over eyes palm away from face right arm out to right side)
- 2 Hold
- 3 Step right foot to right side, touch left foot to right instep (looking over right shoulder right hand over eyes palm away from face left arm out to left side)





Wall: 4

4	Hold
&5	Quickly replace weight onto left foot & press right foot forward (right heel off floor)
6	Hold
7-8	Gradually replace weight onto left foot while shimmying twice
9	Hold
Begin dance from count 2	