Feels So Good



Count: 64 Wall: 4 Level: Intermediate

Choreographer: Alan Clarke (UK) & Nikki Hack (UK)

Music: It Feels so Good - Sonique



WALK FORWARD RIGHT, WALK FORWARD LEFT, RIGHT TRIPLE STEP, WALK BACK LEFT, WALK BACK RIGHT HOOK KICK

1-2	Walk forward on right, walk forward on left
1-2	Walk followard off fluit. Walk followard off felt

3&4 Step right behind left (3rd position), place weight on left, replace weight to right

5-6 Walk back on left, walk back on right

7-8 Hook left foot in front of right knee, kick left foot forward

BALL CHANGE, STEP TRIPLE STEP WALK BACK LEFT, RIGHT, HOOK, KICK

&1 Step left foot beside right, step right foot forward

2 Step left forward

3&4 Step right behind left (3rd position), place weight on left, place weight on right

5-6 Step back on left, step back on right

7-8 Hook left foot in front of right knee, kick left, foot forward

1/4 BALL CHANGE, CLAP 1/4 SHUFFLE, LEFT HALF PIVOT, WALK RIGHT, WALK LEFT

&1 Step left foot next to right, step right, step right ¼ turn to the right

2 Hold and clap

3&4 Step left foot ¼ turn to left, step right beside left, step forward on left foot

5-6 Step right forward pivot ½ turn to the left7-8 Walk forward on right, walk forward on left

RIGHT KICK, STEP BEHIND, LEFT FORWARD, ROCK HIPS LEFT, RIGHT, LEFT, RIGHT, LEFT SHUFFLE FORWARD

1&2 Kick right foot out to right side, step right behind left (3rd pos) step left foot forward

3-4 Rock hips forward (left) rock hips back (right)5-6 Rock hips forward (left) rock hips back (right)

7&8 Shuffle forward right, left, right

ROCK FORWARD REPLACE 1/2 TURN SHUFFLE, ROCK FORWARD REPLACE 1/4 TURN SHUFFLE

1-2 Step forward on right foot, rock back on left 3&4 Shuffle right, left, right making ½ turn to the right

Rock forward on left, rock back on rightShuffle left, right, left making ¼ turn to the left

RIGHT TAP TWICE, ½ TURN, LEFT TAP TWICE, RIGHT ROCK FORWARD REPLACE ½ TURN RIGHT, LEFT OUT TOGETHER

1-2 Step forward on right foot as you tap right heal twice

& Pivot ½ turn to left3-4 Tap left heal twice

Rock forward on right foot, rock back on left, step right foot ½ turn to right

7-8 Touch toe out to side, step left foot next to right (weight on left)

RIGHT SIDE CHASSIS, ROCK REPLACE ½ MONTEREY TURN

1&2	Step to right side.	step left next to riaht.	step right to right side

3-4 Rock back on left foot, rock forward on right

5-6 Touch left toe out to side step left together as you pivot ½ turn to left

7-8 Touch right toe out to side, touch right beside left

RIGHT SIDE CHASSIS, ROCK REPLACE ½ MONTEREY TURN

1&2	Step right to right side, step left next to right, step right to right side
IXZ	Step right to right side, step left flext to right, step right to right side

3-4 Rock back on left foot, rock forward on right

5-6 Touch left toe out to side, step left together as you pivot ½ turn to left

7-8 Touch toe out to the side, touch right toe next to left

REPEAT