Energy Express



Count: 40 Wall: 2 Level: Beginner

Choreographer: Lee Lark (USA)

Music: Unknown



RIGHT SIDE TRIPLE, ROCK, LEFT SIDE TRIPLE, ROCK

1&2 To the right, step right, left, right

3-4 Rock left behind right, rock forward on right

5&6 To the left, step left, right, left

7-8 Rock right behind left, rock forward on left

FORWARD RIGHT, SCUFF LEFT, FORWARD LEFT, SCUFF RIGHT (TWICE)

9-12 Step right forward, scuff left, step left forward, scuff right Step right forward, scuff left, step left forward, scuff right

STOMP RIGHT (TWICE), KICK RIGHT(TWICE), ROCK BACK, FORWARD RIGHT 1/2 TURN

17-20 Stomp right together, stomp right together, kick right, kick right

21-22 Step right back, forward onto left

23-24 Step right forward, turn ½ to left shoulder - weight on left foot

GRAPEVINE RIGHT, GRAPEVINE LEFT

25-26 Step right foot to right side, cross left foot behind right leg

27-28 Step right foot to right side, scuff left foot

29-30 Step left foot to left side, cross right foot behind left leg

31-32 Step left foot to left side, scuff right foot

TOUCH, CROSS TURN (OPTIONAL JUMP, CROSS TURN)

Touch right foot to right side Cross right foot over left leg

35-36 Unwind and hold

37-40 Repeat steps 33-36

REPEAT