

# E Z Mustang Sally

Count: 34

Wall: 4

Level: Beginner

Choreographer: Sally Blair (USA)

Music: Mustang Sally - The Commitments



## **TWO FORWARD SHUFFLES, STEP, PIVOT, STEP, HOLD & CLAP**

- 1&2 Left shuffle forward (left foot, right foot, left foot)  
3&4 Right shuffle forward (right foot, left foot, right foot)  
5-6 Step forward on left foot, pivot ½ turn to the right  
7-8 Step left foot to left side, hold & clap

## **FOUR HIP BUMPS WITH HITCHHIKER MOVE (THUMB JERKS OVER SHOULDER), CROSS, PIVOT, STOMP & CLAP, STOMP & CLAP**

- 9-10 Bump hips to left side twice and at the same time jerk the left thumb over the left shoulder (hitchhiker move)  
11-12 Bump hips to right side twice and at the same time jerk the right thumb over the shoulder (hitchhiker move)-(keep weight on right foot)  
13-14 Step left foot across right, with weight on both feet pivot ½ turn to the right (weight ends up on left foot)  
15-16 Stomp right foot & clap  
17-18 Stomp left foot & clap

## **HEEL SPLIT, RETURN, HEEL LIFTS, RIGHT GRAPEVINE, STOMP & CLAP**

- 19-20 With weight on balls of both feet spread heels apart, return heels back together  
21-22 Bend knees & bounce heels on floor twice  
23-24 Step right foot right, cross left foot behind right  
25-26 Step right foot right, stomp left foot beside left & clap

## **LEFT GRAPEVINE, RIGHT FOOT STAR**

- 27-28 Step left foot left, cross right foot behind left  
29-30 Step left foot left, touch right toe forward  
31-32 Touch right toe to right side, touch ball of right foot back

## **¼ TURN RIGHT, HITCH & SLAP**

- 33-34 On ball of right foot pivot ¼ turn to the right, hitch left knee up & at the same time slap the left knee with the right hand

**REPEAT**

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