8 Days A Week



Count: 64 Wall: 4 Level: Intermediate

Choreographer: Ros Brander-Stephenson (UK)

Music: Eight Days a Week - The Beatles



SYNCOPATED VINE, ROCK RECOVER, SAILOR 1/4 TURN LEFT

Step right to right side, cross left behind right
Step right to right side, cross left over right
Rock right to right side, recover weight onto left

6&7 Cross right behind left, step left ¼ turn left, step right in place

8 Step left forward

ROCK FORWARD RECOVER, 3/4 TURN RIGHT, ROCK RECOVER, COASTER STEP

9-10 Rock forward on right, recover onto left

11&12 Make ¾ turn right while stepping right, left, right (u turn)

13-14 Rock forward on left, recover on right

15&16 Step back on left, step right in place, step left in place

FIGURE 8 GRAPEVINE RIGHT

17-18 Step right to right, step left behind right

19-20 Step right to right making ¼ turn right, step left forward

21 Pivot ½ turn right shifting weight to right foot

22 Step forward on left, making ½ turn right (facing front wall)

23-24 Step right behind left, step left in place

2 RIGHT JAZZ BOXES WITH ½ TURN RIGHT

25-26 Step right over left, step back on left making ¼ turn right

27-28 Step right to right side, step left in place

29-32 Repeat steps 25-28

KICK BALL CHANGE & CLAP TWICE

33&34 Kick right forward, step back on right, step back left

35&36 Hold and then clap twice

37&38 Kick left forward, step back on left, step back on right

39&40 Hold and then clap twice

2 X HALF MONTEREY TURNS WITH CLAPS

Touch right to right, on ball of left pivot ½ turn right, bring right next to left

Touch left to left side, while bringing left next to right, clap twice Repeat counts 41-44 (facing the back wall weight on right)

DIAGONAL LEFT KICK BALL CHANGE TWICE, ROCK RECOVER, LEFT SAILOR

49&50 Kick left forward, step slightly forward on left, step right in place

51&52 Repeat counts 49&50

53-54 Rock left to left, recover on right

55&56 Cross left behind right, step right to right side, step left in place

ROCK RECOVER, 1/4 TURN RIGHT, ROCK RECOVER, LEFT COASTER

57-58 Rock forward on right, recover on to left

59&60 Make ¾ turn right, stepping right, left, right (u turn)

61-62 Rock forward on left, recover on right

Step back left, step right beside left, step forward left

REPEAT

RESTART

On the third and fifth wall only dance the first 32 counts then start again at the beginning