## Don't Stop



Count: 64 Wall: 1 Level: Intermediate

Choreographer: Terry Hogan (AUS)

Music: Cease and Desist - Delbert McClinton



## CROSS, SIDE, BEHIND, SIDE, CROSS, SIDE, BEHIND, SIDE, HEEL, HOLD, TOGETHER 1/4 LEFT, FORWARD

1-2	Step right across in front of left, step left to the side
3&	Step right across behind left, step left to the side
4&	Step right across in front of left, step left to the side
5&	Step right across behind left, step left to the side

6-7 Touch right heel forward, hold

&8 Step right foot beside left making ¼ turn left, step left forward

### ROCK FORWARD, BACK, ½ RIGHT SHUFFLE FORWARD, ½ RIGHT SHUFFLE BACK, OUT, OUT, HIP PUSH

9-10 Rock-step right forward, rock backward onto left
11&12 Make ½ turn right and shuffle forward right, left, right
13&14 Make ½ turn right and shuffle backward left, right, left

These shuffles should cover as much floor as possible

&15 Step right slightly backward and to the side, step left slightly backward and to the left side -

feet apart, facing 9:00

16 Rock-push hips right taking weight onto right foot

#### ROCK SIDE, CROSS, REPLACE, 1/4 RIGHT FORWARD, FORWARD, 1/2 RIGHT, OUT, OUT, HIP PUSH

17-18 Rock-step sideward onto left foot, rock right across in front of left
19-20 Rock-replace weight onto left foot, make ¼ turn right and step right forward
21-22 Step forward left, make ½ pivot turn right stepping forward onto right foot
823 Step left forward and to the side, step right to the right side
24 Rock-push hips left taking weight onto left foot

### SIDE, CROSS, SIDE, BEHIND, SIDE, 1/4 LEFT WITH FOUR HIPS PUSHES

25-26 Step right to the side, step left across in front of right 27& Step right to the side, step left across behind right

28 Step right to the side

29-32 Rock-push hips to the left four times while making ¼ turn left with weight on ball of left foot -

left will finish forward of right facing 9:00

#### ROCK SIDE, REPLACE, FORWARD, 1/4 LEFT, FORWARD, 1/4 LEFT, FORWARD, FORWARD, HOLD-FLICK

33-34 Rock-step right to the side, replace weight onto left

35-36 Step forward right, make ¼ pivot left taking weight onto left 37-38 Step forward right, make ¼ pivot left taking weight onto left

Use hips on these 6 counts

&-39 Step forward right, left

40 Hold allowing right knee to bend and foot to slide-flick slightly backward

#### ROCK FORWARD, BACK, 1/2 RIGHT SHUFFLE FORWARD, SWIVEL WALKS X 4

A1-42 Rock-step right forward, rock backward onto left

Make ½ turn right and shuffle forward right, left, right

45-48 Step forward left, right, left, right making each step on balls of feet and crossing other foot so

body swivels with each step

#### OUT, OUT, HOLD, HIPS RIGHT, HIPS LEFT, BEHIND, SIDE, HOLD, HIPS RIGHT, HIPS LEFT

&-49 Step left forward and to the side, step right to the right side

50 Hold

51-52 Sway/push hips right, sway left to finish with weight over left foot

&-53 Step right across behind left foot, step left to the side

54 Hold

55-56 Sway/push hips right, sway left to finish with weight over left foot

# BEHIND, ¼ LEFT FORWARD, FORWARD, ½ LEFT, FORWARD, FORWARD, ½ RIGHT, SIDE, CROSS, SIDE CROSS, SIDE

&-57 Step right across behind left foot, make ¼ turn left and step left forward 58-59 Step right forward, make ½ pivot turn left stepping forward onto left

60 Step right forward

Step left forward, make ½ pivot turn right stepping forward onto right

&-63 Step left slightly to the side, step right across in front of left &-64 Step left slightly to the side, step right across in front of left

& Step left slightly to the side

#### **REPEAT**