Count: 48
Wall: 2
Level: Intermediate
Choreographer: Karla Dornstedt (USA) \& Paul Dornstedt (USA)
Music: Now And Forever - Anne Murray


ROCK, SHUFFLE BACK, BACK, BACK, COASTER STEP, FORWARD
1-2\&3-4 Rock forward on left, shuffle back (right, left, right), step back on left
5-6\&7-8 Step back on right, coaster step (left, right, left), step forward on right

## CROSS, BACK-\&-ROCK, RECOVER, ROCK, RECOVER-\&-ROCK, RECOVER-\&

1-2\&3 Cross left over right, step back on right, take short step back on left, cross rock right over left
4-5 Recover weight back on left, cross rock right over left
6\&7 Recover weight on back left, step right next to left, cross rock left over right
8\& Recover weight back on right, step left next to right
FORWARD, SHUFFLE FORWARD, MAMBO FORWARD, MAMBO CROSS, SWAY
1-2\&3 Step forward right, shuffle forward (left, right, left)
4\&5 Rock forward on right, recover weight back on left, step back on right
6\&7-8 Rock back on left, recover weight forward on right, cross left over right, sway right to right
SWAY, SHUFFLE SIDE RIGHT, ROCK, RECOVER, TURN $1 ⁄ 4$ LEFT, TURN $1 / 4$ LEFT, ROCK
1-2\&3 Sway left to left, shuffle side right (right, left, right)
4-5 Cross rock left over right, recover weight back on right
6-7-8 Turn $1 / 4$ left and step forward on left, turn $1 / 4$ left and step right side right, cross rock left behind right

RECOVER, SHUFFLE SIDE LEFT, ROCK, RECOVER, SCISSOR STEP, FORWARD
1-2\&3 Recover weight forward on right, shuffle side left (left, right, left)
4-5 Cross rock right behind left, recover weight forward on left
6\&7-8 Step right to right forward diagonal, step left next to right, cross right over left, step left to left forward diagonal

## CROSS, BACK-\&-ROCK, RECOVER, ROCK, RECOVER-\&-ROCK, RECOVER-\&

1-2\&3 Cross right over left, step back left on, take short step back on right, cross rock left over right
4-5 Recover weight back on right, cross rock left over right
6\&7 Recover weight on right, step left next to right, cross rock right over left
8\& Recover weight back on left, step right next to left
REPEAT

## RESTART

During the fifth repetition (the third time facing the front wall), Complete the dance through count 44 (recover weight back on right) and start over

## ENDING (OPTIONAL)

The last rotation starts on the front wall. Complete counts 1-24, then add
SWAY, SHUFFLE SIDE RIGHT, ROCK, RECOVER, TURN ¼ LEFT, TURN ¼ LEFT, TURN $1 ⁄ 2$ LEFT, CROSS

Sway left to left, shuffle side right (right, left, right)
4-5 Cross rock left over right, recover weight back on right
6-7 Turn $1 / 4$ left and step forward on left, turn $1 / 4$ left and step right side right
8-1 $\quad$ Turn $1 / 2$ left and step left side left, cross right over left
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