Diary Entries



Count: 0 Wall: 1 Level: Intermediate

Choreographer: Phil Austin (UK)

Music: My Book - The Beautiful South



Sequence: A B C A B C A B* C to the end. On the last B, only dance up to count 24 and make a scuff 1/2 turn instead of a 1/4 turn. Then go into C and keep dancing C until the music stops.

SECTION A

ROCK, RECOVER, ROCK, RECOVER, TOE STRUT, TOE STRUT

1-2& Rock forward right, recover onto left, step right to left

Rock back left, recover onto right
Point left toe forward, drop left heel
Point right toe forward, drop right heel

ROCK, RECOVER, ROCK, RECOVER, TOE STRUT, TOE STRUT

1-2& Rock forward left, recover onto right, step left to right

3-4 Rock back right, recover onto left
5-6 Point right toe forward, drop right heel
7-8 Point left toe forward, drop left heel

STEP, ½ TURN, STEP, CLAP, STEP ½ TURN, STEP, CLAP

1-2 Step forward right, pivot ½ turn over left shoulder

3-4 Step forward right, clap hands

5-6 Step forward left, pivot ½ turn over right shoulder

7-8 Step forward left, clap hands

LOCK, HOLD, UNWIND 3/4 TURN, SIDE SHUFFLE, CROSS SHUFFLE

1-2 Lock right behind left, hold

3-4 Unwind ¾ turn over right shoulder over two counts 5&6 Step left to side, step right to left, step left to side

7&8 Cross right over left, step left to side, cross right over left

SECTION B

ROCK, RECOVER, SAILOR STEP, SAILOR STEP, BEHIND, UNWIND ¾ TURN

1-2 Rock left to side, recover weight onto right

Cross left behind right, step right to side, step left to right
Cross right behind left, step left to side, step right to left
Cross left behind right, unwind ¾ turn over right shoulder

SHUFFLE FORWARD, ½ TURN, SHUFFLE ¼ TURN, CROSS, UNWIND ½ TURN

Step forward right, step left to right, step forward right
Step forward left, pivot ½ turn over right shoulder
Make ¼ turn over right shoulder stepping left, right, left

7-8 Cross right over left, unwind ½ turn

CROSS, CLICK, CROSS, CLICK, CROSS, CLOSE, CROSS, SCUFF 1/4 TURN

1-2 Cross right over left, click fingers

3-4 Lift left and cross left over right, click fingers5-6 Lift right and cross right over left, step left to right

7-8 Cross right over left, scuff left and pivot ¼ turn over right shoulder on right foot

CROSS, CLICK, CROSS, CLICK, CROSS, CLOSE, CROSS, SCUFF 1/4 TURN	
1-2	Cross left over right, click fingers
3-4	Lift right and cross right over left, click fingers
5&6	Lift left and cross left over right, step right to left
7-8	Cross left over right, scuff right and pivot ¼ turn over left shoulder on left foot
JAZZ BOX ¼ TURN, JAZZ BOX	
1-2	Cross right over left, step back left
3-4	Step back right and pivot ¼ turn over right shoulder, scuff left forward
5-6	Cross left over right, step back right
7-8	Step back left, scuff right forward
STEP, LOCK, STEP, HITCH ½ TURN, STEP LOCK, STEP, SCUFF	
1-2	Step forward right, lock left behind right
3-4	Step forward right, hitch left knee and pivot ½ turn over right shoulder on right foot
5-6	Step forward left, lock right behind left
7-8	Step forward right, scuff right forward
SECTION C	
	ER, COASTER STEP, STEP, ½ TURN, SHUFFLE FORWARD
1-2	Rock forward right, recover weight onto left
3&4	Step back right, step left to right, step forward right
5-6	Step forward left, pivot ½ turn over right shoulder
7&8	Step forward left, step right to left, step forward left
STEP, STEP, KNEE KNOCKS, STEP, STEP, KNEE KNOCKS	
1-2	Step forward right, step forward left
3-4	Bend knees and knock them together twice
5-6	Step forward right, step forward left
7-8	Bend knees and knock them together twice
ROCK, RECOVER, ½ TURN SHUFFLE, ROCK, RECOVER, ROCK, RECOVER	
1-2	Rock forward right, recover weight onto left
3&4	Make ½ turn over right shoulder stepping right, left, right
5-6	Rock forward left, recover weight onto right
7-8	Rock back left, recover weight onto right
STEP, SCUFF, STRESS STEP	
1-2&	Step forward left, scuff right, step onto right
3&4	Scuff left, touch left toe forward, step onto left

Repeat Section C

1-28