Do It Like This



Count: 48 Wall: 2 Level: Improver

Choreographer: Maureen Jones (UK) & Michelle Jones (UK)

Music: The Twist - Ronnie McDowell



STEP, 1/4 TURN, STEP, HOLD, 1/4 TURN IN HEEL TWISTS, HOLD

1-2 Step right forward, pivot ¼ turn left

3-4 Step right forward, hold

5-8 On balls of feet twist heels right, left, right making ¼ turn left, hold

STEP, 1/4 TURN, STEP, HOLD, 1/4 TURN IN HEEL TWISTS, HOLD

9-10 Step left forward, pivot ¼ turn right

11-12 Step left forward, hold

13-16 On balls of feet twist heels left, right, left making ½ turn right, hold

WALK, CLAP, WALK, CLAP, WALKS, HOLD

17-18 Step left forward, hold and clap 19-20 Step right forward, hold and clap 21-24 Walk forward right, left, right, hold

Bend knees slightly during counts 17-24

BACK, TOUCH & CLAP, BACK, TOUCH & CLAP, FORWARD, TOUCH & CLAP, FORWARD, TOUCH &

CLAP

25-26 Step right diagonally back right, touch left beside right and clap hands by right hip 27-28 Step left diagonally back left, touch right beside left and clap hands by left hip

Bend body forward during counts 25-28

29-30 Step right diagonally forward right, touch left beside right and clap hands by right shoulder 31-32 Step left diagonally forward left, touch right beside left and clap hands by left shoulder

Bend body slightly back during counts 29-32

STEP, ½ PIVOT, STEP, ½ PIVOT, STOMPS, SLAPS

33-34	Step right forward, pivot ½ turn lef	t
35-36	Step right forward, pivot ½ turn let	ft

37-38 Stomp right forward, stomp left beside right (shoulder width apart)

39-40 Slap right hand onto right hip, slap left hand onto left hip

Keep hands on hips throughout counts 41-48

1/2 PADDLE TURN WITH HEEL TWISTS

41-42	I ouch right toe right	(heel facing inwards),	, twist right heel outwards	(pushing hips right) and
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make 1/8 turn left on ball of left foot

43-44 Repeat steps 41-42 45-46 Repeat steps 41-42 47-48 Repeat steps 41-42

REPEAT