Do The Locomotion

Count: 36   **Wall:** 4   **Level:**

Choreographer: Brian Dalton (UK)

Music: Do The Locomotion

ROCK FORWARD, RECOVER, ROCK BACK, RECOVER
1	Rock forward on the right foot
2	Recover the weight back to the left foot
3	Rock backward on the right foot
4	Recover the weight back onto the left foot

TWO FORWARD TRIPLET STEPS WITH THE LOCOMOTION
5&6	Forward triplet (cha) steps, right foot, left foot, right foot
7&8	Forward triplet (cha) steps left foot, right foot, left foot

Pump the arms like locomotive pistons as you triplet

TAP RIGHT HEEL FORWARD, HITCH A QUARTER LEFT, REPEAT
9	Tap the right heel forward
10	Hitch the right knee up while turning ¼ turn left
11	Tap the right heel forward
12	Hitch the right knee up while turning ¼ turn left

ROCK FORWARD, RECOVER, ROCK BACK, RECOVER
13	Rock forward on the right foot
14	Recover the weight back to the left foot
15	Rock backward on the right foot
16	Recover the weight back onto the left foot

TWO FORWARD TRIPLET STEPS WITH THE LOCOMOTION
17&18	Quick forward triplet (cha) steps, right foot, left foot, right foot
19&20	Quick forward triplet (cha) steps left foot, right foot, left foot

Pump the arms like locomotive pistons as you triplet

SKIP THREE TIMES, CLAP AS YOU TURN ¼ LEFT
21	Skip to tap the right heel forward
22	Skip to land the weight on the right foot while tapping the left foot forward
23	Skip to land the weight on the left foot while tapping the right foot forward
24	While pivoting the whole body ¼ turn left, clap hands

GYRATE HIPS TO THE LEFT
25-28	Gyrate the hips in a left circular motion

JAZZ BOX WITH A QUARTER TURN RIGHT
29	Step the right foot across in front of the left foot
30	Step left foot back
31	Step right foot to right side as you turn ¼ turn right
32	Close left foot to right

JAZZ BOX WITH A QUARTER TURN RIGHT
33	Step the right foot across in front of the left foot
34	Step left foot back
35	Step right foot to right side as you turn ¼ turn right

36   Close left foot to right

REPEAT