

# Days Of My Life

**COPPER** KNOB  
STEPSHEETS

**Count:** 24

**Wall:** 4

**Level:** Beginner waltz

**Choreographer:** Barbara Hile (AUS) - January 2025

**Music:** Days of My Life - The Seekers -A'S B'S & EP'S - Available on iTunes



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## LEFT SAILOR, RIGHT SAILOR

- 1-2-3            Cross left behind right, step right to right side, step left to left side  
4-5-6            Cross right behind left, step left to left side, step right to right side

## FORWARD, TOUCH, KICK - FORWARD, TOUCH, KICK

- 1-2-3            Step left forward, touch right beside left, low kick right forward  
4-5-6            Step right forward, touch left beside right, low kick left forward

## FORWARD, ¼ LEFT TURN STEP TOGETHER, WALTZ BACK

- 1-2-3            Step left forward, turn ¼ left, step right together, step left together  
4-5-6            Step right back, step left together, step right together

## FORWARD, SIDE, TOUCH, HOLD, BACK, SIDE TOUCH, HOLD

- 1-2-3            Step left forward, touch right toe to right side, hold  
4-5-6            Step right back, touch left toe to left side, hold

This dance is to introduce Sailor Steps.

**REPEAT**

## ENDING

To finish the dance facing the front, dance to count 12 then waltz forward stepping left-right-left together

Last Update: 24 Jan 2025

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