

Dance And Shout

Count: 48

Wall: 2

Level: Intermediate/Advanced

Choreographer: Brian Barakauskas (USA), Markus Raus (DE) & Steffen Raus (DE)

Music: Dance & Shout - Shaggy



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|------|---|
| 1-2 | Touch left foot forward, touch left foot back |
| 3&4 | Triple forward---left, right, left |
| 5&6 | Step forward on right foot, turn ½ to left with weight ending on left foot, step forward on right foot |
| 7-8 | Sweep left foot (ronde), turn ½ to right finish with left foot next to right foot |
| | |
| 1&2 | Triple to left---left, right, left |
| 3-4 | Rock back---right, left |
| 5&6& | Kick right foot forward, step right foot next to left foot, kick left foot forward, step left foot next to right foot |
| 7-8 | Touch right foot forward, roll hips to the right |
| | |
| 1&2 | Kick right foot forward, step right foot next to left foot, step left foot slightly left |
| 3&4 | Circle right foot behind left foot, step slightly back on right foot, touch left toe in front of right foot |
| 5&6 | Triple forward---left, right, left |
| 7-8 | Kick right foot forward, touch right foot back |
| | |
| 1-2 | Roll right shoulder back making ½ turn to right with weight finishing on left foot |
| 3-4 | Walk forward---right, left |
| 5-6 | Step forward on ball of right foot, push left foot back (no weight) while lowering right heel |
| 7-8 | Step on ball of left foot next to right foot, push right foot back (no weight) while lowering left heel |
| | |
| 1-2 | Step right foot forward, pivot ¼ turn to right |
| 3&4 | Rock forward on left foot, replace weight on right foot, touch left toe next to right foot pushing hips back |
| &5-6 | Step to left side with left foot, step to right side with right foot, drop right knee inward |
| 7&8 | Bounce right heel 3 times making ¼ turn to right with weight ending on right foot |
| | |
| 1&2 | Kick left foot forward, step left foot next to right foot, step right foot slightly forward |
| 3&4 | Kick left foot forward, step left foot next to right foot, step right foot slightly forward |
| &5&6 | Pivot ½ turn to right, step back on left foot, pivot ½ turn to right, step forward on right foot |
| 7-8 | Step forward on left foot, make ½ turn to right finishing with weight on right foot |

REPEAT
