

# Cowgirl Catcher

**COPPER** KNOB  
STEPPSHEETS

Count: 40

Wall: 0

Level:

Choreographer: Unknown

Music: Rock My World - Brooks & Dunn



- |       |   |
|-------|---|
| 1-4   | Right vine, lift arms and pull                    |
| 5-8   | Left vine, lift arms and pull                     |
| 9-12  | Right twirling vine                               |
| 13-16 | Left twirling vine                                |
|       |   |
| 17-20 | Walk forward, right, left, right, left            |
| 21-24 | Walk backward left, right, left, right            |
| 25    | Bump right putting right hand on right butt cheek |
| 26    | Bump left, putting left hand on left butt cheek   |
| 27    | Bump right, putting right hand behind your neck   |
| 28    | Bump left putting left hand behind your neck      |

## WOMEN

- |       |   |
|-------|---|
| 29-32 | Circle your hips to the right twice for 4 beats |
|-------|---|

## MEN

- |       |  |
|-------|--|
| 29-32 | Push you pelvis forward and back twice for 4 beats |
|-------|--|

- |       |  |
|-------|--|
| 33-34 | Two right heels forward  |
| 35-36 | Two right toes back  |
| 37-40 | Right heel forward, side, hitch behind, ¼ turn left slapping your foot at the side |

## REPEAT

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