

The Cowgirl

Count: 32

Wall: 4

Level: Beginner

Choreographer: Ann Fore (USA) & Cheryl L. Thompson

Music: What the Cowgirls Do - Vince Gill



KICK-BALL CHANGE, CHARLESTON

- 1&2 Kick right forward, quickly step on right, then left
- 3 Step forward on right
- 4 Kick left and clap
- 5 Step back on left
- 6 Touch right beside left

SYNCOPATED JUMPS, ¼ TURN, TOUCH, CROSS, KICK

- 7& Jump with feet slightly apart, jump with feet farther apart
- 8& Jump with feet slightly closer, jump with feet together
- 9 Step right on right turning ¼ right
- 10 Touch left toe left
- 11 Cross left over right
- 12 Kick right (coming around left leg)

STEP, STEP, STOMP, STOMP

- 13 Step right beside left
- 14 Step left in place
- 15 Stomp right
- 16 Stomp right

GRAPEVINE RIGHT, STOMP

- 17 Step right on right
- 18 Cross left behind right
- 19 Step right on right
- 20 Stomp left beside right

GRAPEVINE LEFT WITH ½ TURN, STOMP

- 21 Step left on left
- 22 Cross right behind left
- 23 Step left on turning ½ left
- 24 Stomp right beside left

POLKA, POLKA

- 25&26 Shuffle forward right, left, right
- 27&28 Shuffle forward left, right, left

CROSS, UNWIND, BUMP, BUMP

- 29 Cross right over left
- 30 Unwind ½ left
- 31 Bump right hip
- 32 Bump left hip

REPEAT