# Crest Of A Wave

Level: Intermediate

**Choreographer:** Caz Mawby (UK) & Tina Argyle (UK) Music: Livin' Thing - The Beautiful South

#### HEEL SWITCHES, HOLD TWICE

**Count:** 64

- 1&2 Touch right heel forward, place right at side of left, touch left heel forward
- &3-4 Place left at side of right, touch right heel forward, hold
- &5&6 Place right at side of left, touch left heel forward, place left at side of right
- &7-8 Touch right heel forward, place right at side of left, touch left heel forward, hold

# ROCK FORWARD, SAILOR ½ TURN RIGHT, DIAGONAL STEP, TOUCH TWICE LEFT THEN RIGHT

- &9-10 Step left at side of right, rock forward, onto right, recover weight onto left
- 11&12 Cross right behind, make 1/2 turn right stepping left to left side, step right in place
- 13-14 Step left to left diagonal, touch right at side of left
- 15-16 Step right to right diagonal, touch left at side of right

# 1 ¼ TURN LEFT, TOUCH, KICK BALL CROSS TWICE TRAVELING RIGHT

- 17-18 Step forward, left making 1/4 turn left, step back right making 1/2 turning left
- 19-20 Step forward, left making 1/2 turn left, step forward, touch right at side of left
- 21&22 Kick right to right diagonal, step right at side of left, cross left over right
- 23&24 Kick right to right diagonal, step right at side of left, cross left over right

#### RIGHT SIDE ROCK, BEHIND, SIDE CROSS, SIDE, HOLD, STEP TOGETHER, ¼ TURN, SCUFF

- 25-26 Rock right to right side, recover weight onto left
- 27&28 Cross right behind left, step left to left side, cross right over left
- 29-30 Step left to left side, hold
- Step right at side of left, 1/4 turn left stepping forward, left, scuff right at side of left &31-32

# SIDE, BEHIND & CROSS, SIDE, BEHIND, SIDE CROSS, SIDE ROCK RECOVER

- 33-34 Step right to right side, cross left behind right
- &35-36 Step right to right side, cross left over right, step right to right side
- 37&38 Cross left behind right, step right to right side, cross left over right
- 39-40 Rock right to right side, recover weight onto left

# SAILOR ½ TURN RIGHT, STEP ½ PIVOT TURN, ROCK FORWARD, RECOVER, ¼ TURN LEFT, TOUCH

- 41&42 Cross right behind, make 1/2 turn right stepping left to left side, step right in place
- 43-44 Step forward, left, 1/2 pivot turn right
- 45-46 Rock forward, left, recover weight onto right
- 47-48 1/4 Turn left making large step to left side, slide right toe towards left, touch at side of left

# Restart happens here on walls 2 & 4 only

# TURNING TOE STRUTS, LEFT KICK BALL CHANGE

- 49-50 Touch right toe to right side, drop right heel taking weight
- 51-52 Making ½ turn over right shoulder touch left toe to left side, drop left heel taking weight
- 53-54 Making ½ turn over right shoulder touch right toe to right side, drop heel taking weight
- 55&56 Kick left forward, step left at side of right, step left in place

# ROCK FORWARD, RECOVER, ½ SHUFFLE TURN LEFT, STEP ½ PIVOT TURN 2 X WALK FORWARD, (OPTIONAL FULL TURN)

- 57-58 Rock forward, onto left, recover weight onto right
- 59&60 Making ½ turn left stepping forward, left, close right at side of left, step forward, left





Wall: 4

- 61-62 Step forward, right, ½ pivot turn left
- 63-64 Step forward right, step forward left, (or full turn over 2 counts turning over left shoulder,)

REPEAT

#### RESTART Restart after count 48 on walls 2 and 4