

Crutches!

Count: 64

Wall: 2

Level: Improver

Choreographer: Colin Smith (UK)

Music: Uninvited Memories - Redfern & Crookes



- | | |
|------|---|
| 1-2 | Step right to right, kick left over right |
| 3-4 | Step left to left, kick right over left |
| 5&6 | Right coaster step |
| 7-8 | Step forward left, pivot ½ turn to right |
| | |
| 1-6 | Repeat 1-6 with left foot lead |
| 7-8 | Step forward right, pivot ¼ turn to left |
| | |
| 1-2 | Rock forward right, recover on to left |
| 3&4 | Right coaster step |
| 5-6 | Rock forward left, recover on to right |
| 7&8 | Left coaster step |
| | |
| 1-2 | Step right to right grinding heel, step left next to right |
| 3-4 | Repeat 1-2 |
| 5-6 | Repeat 1-2 |
| 7-8 | Step forward right, pivot ½ turn to left |
| | |
| 1-2 | Step right to right, step left behind right |
| &3&4 | Step right to right, dig left heel forward, step left in place, cross right over left |
| 5-8 | Repeat 1-4 with left foot lead |
| | |
| 1-2 | Rock right to right, recover on to left |
| 3&4 | Step right over left, step left to left, step right over left |
| 5-6 | Rock left to left, recover on to right turning ¼ to left |
| 7&8 | Left coaster step |
| | |
| 1-2 | Step forward right, pivot ½ turn to left |
| 3-4 | Repeat 1-2 |
| 5-8 | Grapevine to right with touch |
| | |
| 1-4 | Rolling grapevine to left with touch |
| 5-8 | Bump hips right, left, right, left |

REPEAT

OPTIONAL ENDING

The music finishes on count 21. Dance to 17-18, then touch right toe back, unwind ¾ turn to right and strike a pose!