

# Country Roads

Count: 64

Wall: 4

Level: Improver

Choreographer: Judith Campbell (NZ)

Music: Take Me Back Country Roads - Toots & Maytale



## **SIDE ROCK - RECOVER - STEP FORWARD - HOLD: (RIGHT & LEFT)**

- 1-4 Rock right foot to right side, recover onto left foot, step right foot forward and slightly across left foot, hold
- 5-8 Rock left foot to left side, recover onto right foot, step left foot forward and slightly across right foot, hold

## **STEP FORWARD - ½ PIVOT - STEP FORWARD - ½ TURN TO LEFT - SHUFFLE BACK (LEFT-RIGHT-LEFT)**

- 1-4 Step forward on right foot, ½ pivot to the left, step forward on right, ½ turn to left on ball of right foot
- 5-8 Shuffle back on left foot (left together left), hold

## **SIDEWAYS STRUT RIGHT LEFT - SHUFFLE TO RIGHT SIDE - STRUT LEFT FOOT (ALL MOVING TO THE RIGHT SIDE)**

- 1-4 Step right toe to right side, lower right heel, step left foot across in front of right on toe, lower heel
- 5&6-7-8 Shuffle right foot to right side (step together step), step left foot across in front of right on toe, lower heel

## **2 STRUTS STEPPING OUT TO SIDES - 2 FULL HIP ROLLS TO LEFT**

- 1-4 Step right foot out to right side on toe, lower heel, step left foot out to left side, lower heel
- 5-8 Roll hips to left full circle twice

**Optional: just do 4 hip bumps right-left-right-left**

## **STEP LOCK FORWARD AND SCUFF - CROSS & TURN**

- 1-4 Step forward onto right foot, lock left foot up behind right foot, step right forward, scuff left foot forward
- 5-8 Place left ball of foot across in front of right foot, bend both knees and turn ½ to right
- Shimmy shoulders if you like as you go around**

## **2 MAMBO STEP FORWARD & BACK - HITCH**

- 1-4 Rock/step - right foot forward, rock/step left back, step right foot back, hold
- 5-8 Rock/step - left foot back, rock/step right foot forward, step forward on left foot, hitch right knee up

**Take small steps and use hips (forward back back hold, back forward forward hitch)**

## **SHUFFLE ON SLIGHT DIAGONAL - HITCH - SHUFFLE ON SLIGHT DIAGONAL - HITCH**

- 1-2 Step right foot forward and slightly diagonally to left, bring left foot next to right foot
- 3-4 Step right foot forward and slightly diagonally left, hitch left knee up
- 5-6 Step left foot forward and slightly diagonally to right, bring right foot next to left foot
- 7-8 Step left foot forward and diagonally to right, hitch right knee up

## **2 PIVOTS TURNING 1/8 EACH TO THE LEFT - JUMP FORWARD RIGHT LEFT - 2 CLAPS**

- 1-4 Step right foot forward, do one 1/8 pivot to left, step right foot forward again, do another 1/8 pivot to left

**You have turned ¼ to the left**

- 5-8 Jump forward on right foot, bring left foot next to right foot, clap twice

REPEAT

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