Country Sauce

Count: 42

Level: Intermediate

Choreographer: Forty Arroyo (USA)

Music: Capital Tropical - Two Man Sound

Choreographed For Ms. Kathy Sharpe July 26, 1997

CROSS ROCK STEP 2X, CHASSÉ LEFT

- 1-3 Cross rock step left over right, rock back on to right, step left to side
- &4-6 Step right next to left, cross rock step left over right, rock back on to right, step left to side
- &6&7&8 Step right next to left, step left, step right next to left, step left, step left, step left

CROSS ROCK STEP 2X, CHASSÉ RIGHT WITH 1/4 TURN RIGHT

- 1-3 Cross rock step right over left, rock back on to left, step right to side
- &4-6 Step left next to right, cross rock step right over left, rock back on to left, step right to side
- &6&7&8 Step left next to right, step right, step left next to right, step left next to right, step right

LEFT AND RIGHT SYNCOPATED CROSSOVER BREAKS, ¼ RIGHT, STEP, PIVOT TURN ½ RIGHT

- 1&2 Cross left over right, step in place with right, step left to side
- &3&4 Step in place with right, cross left over right, step right in place, step left to side
- 5&6 Cross right over left, step in place with left, step right to side
- &7&8 Step in place with left, cross right over left, step left in place, step right to side making 1/4 right

PIVOT ½ RIGHT, FULL TURN RIGHT, LEFT KICK STEP, RIGHT KICK STEP, LEFT KICK STEP 2X

- 1-4 Step forward on left, pivot $\frac{1}{2}$ to right, step forward left turning $\frac{1}{2}$ right, step back right turning ¹∕₂ to right
- Kick left forward, step on left, kick right forward, step on right &5&6
- Kick left forward, step on left, kick left forward, step on left &7&8

STEP ON RIGHT, STEP FORWARD LEFT WITH ¼ RIGHT, SHUFFLE RIGHT-LEFT-RIGHT, CROSS, STEP 1/4 LEFT, SHUFFLE LEFT-RIGHT-LEFT WITH 1/2 RIGHT, STOMP RIGHT, STAMP LEFT

- 1-2-3&4 Step in place with right, take a long step forward on left with a 1/4 turn to the right, shuffle in place
- 5-6-7&8 Cross left over right, step right while turning 1/4 left, shuffle in place left-right-left while turning 1∕₂ left
- 9-10 Stomp right next to left, stamp left next to right (no weight)

REPEAT

This dance has a Latin flavor. When you are comfortable, incorporate hip movement when doing chasses and shimmy when doing the "kick steps". It can be done to anything with a cha-cha beat





Wall: 4