Cowboy Rock & Roll



Count: 64 Wall: 2 Level: Intermediate

Choreographer: Ann Napier (NZ)

Music: Cowboys Like a Little Rock and Roll - Chris LeDoux



KICK BALL CHANGE, KICK, ROCK, TOUCH, STEP

1&2 Kick right foot forward, step ball of right foot in place, step on left foot

3-6 Kick right foot forward, rock forward on right foot, touch left toe behind right foot, step back on

left

7-12 Repeat last 6 counts

JUMP APART, CROSS, UNWIND, CLAP

13-16 Jump both feet apart, jump feet together crossing right over left, unwind ½ turn over left

shoulder, clap hands

17-32 Repeat dance from the beginning

RIGHT GRAPEVINE WITH ½ TURNING SHUFFLE, SHUFFLE TO LEFT SIDE, ROCK BACK, ROCK FORWARD

1-2 Step right on right foot, cross left behind

3&4 Shuffle right-left-right as you make a ½ turn over right shoulder

5&6 Shuffle to left side on left-right-left

7-8 Rock back on right foot, rock forward onto left

RIGHT GRAPEVINE WITH ½ TURNING SHUFFLE, SHUFFLE TO LEFT SIDE, ROCK BACK, ROCK FORWARD

1-8 Repeat last 8 counts

ROCK FORWARD, BACK, BACK, FORWARD

1-2 Rock forward onto right foot, rock back on left foot 3-4 Rock back on right foot, rock forward onto left foot

TRIPLE STEP, TRIPLE STEP, ROCK, STEP (LIKE IN EAST COAST SWING)

Triple step in place, right-left-rightTriple step in place, left-right-left

5-6 Rock back on right foot, rock forward onto left foot

ROCK FORWARD, BACK, MAKE 1 AND A HALF TURNS OVER RIGHT SHOULDER (TRAVELING BACK)

1-2 Rock forward onto right foot, rock back on left foot

3-4 Make ½ turn over right shoulder stepping on right foot, make ½ turn over right shoulder

stepping back onto left foot

5-6 Make ½ turn over right shoulder stepping on right foot, step forward on left foot

REPEAT