# Como Estas

**COPPER KNOB** 

Count: 48

Wall: 4

Level: Intermediate



Choreographer: Steve Rutter (UK)

Music: Maria - US5

A Special Thank You to Mike & Mary Parkinson of "M 'n' M'z Linedance Fun" for bringing this music to my attention

### CROSS, TOE TOUCH, VAUDEVILLE STEP, HIP BUMPS, VAUDEVILLE STEP

- 1-2 Cross right over left, touch left toe to side
- 3&4 Cross left over right, step right to side, touch left heel diagonally forward
- 5-6 Step left together and bump hips twice to left
- & Step right in place
- 7&8 Cross left behind right, step right to side, touch left heel diagonally forward

### LOCK STEP, MAMBO ROCK WITH ½ TURN RIGHT, SIDE ROCK, SAILOR ½ TURN LEFT

- 9&10 Turn 1/8 right and step left forward, lock right behind left, step left forward
- 11&12 Rock right forward, recover onto left, turn ½ right and step right forward
- 13-14 Turn 1/8 left and rock left to side, recover onto right (6:00)
- 15&16 Cross left behind right, turn ¼ left and step right together, turn ¼ left and step left slightly forward

#### KICK TWICE, WEAVE, KICK TWICE, CROSS BEHIND, ¼ TURN RIGHT, SIDE STEP

17-18 Kick right diagonally forward

With palms of hand out in front of you, press palms forward in conjunction with the kicks as if pushing something

19&20 Cross right behind left, step left to side, cross right over left

- When dancing wall 5 add a & count here by stepping left to left side and then restart dance here
- 21-22 Kick left diagonally forward

# With palms of hand out in front of you press palms forward in conjunction with the kicks as if pushing something

23&24 Cross left behind right, turn ¼ right and step right forward, step left to side

# COASTER STEP, HIP ROCK, CLOSE, CROSS, UNWIND ¾ TURN, TOE TOUCH TWICE, SIDE STEP, DRAG

- Step right back, step left together, step right forward
  Rock left diagonally forward (pushing hips left), recover onto right
  Step left together
  Cross right over left, unwind <sup>3</sup>/<sub>4</sub> left (weight to left)
- &31 Touch right toe together, touch right toe slightly side
- 32 Step right (big step) to side

#### Drag left toward right

#### BACK ROCK, SIDE STEP, BACK ROCK, SIDE STEP, BACK ROCK, TRIPLE FULL TURN RIGHT

- 33&34 Rock left back, recover onto right, step left to side
- 35&36 Rock right back, recover onto left, step right to side
- 37-38 Rock left back, recover onto right
- 39&40 Triple in place turning a full turn right stepping left, right, left

#### ROCK & TOUCH, COASTER CROSS, SIDE STEP, TOE TOUCH, BALL-CROSS, SIDE STEP, CLOSE

- 41&42 Rock right to side, recover onto left, touch right toe together
- 43&44 Step right back, step left together, cross right over left

45	Step left to side

- 46&47 Touch right toe together, step right in place, cross left over right
- 48& Step right to side, step left together

#### REPEAT

### RESTART

When dancing wall 5, only dance up as far as count 20 (behind, side, cross) then add an & count by stepping left to left side and then restart dance again (you'll be facing 12:00 when you do this)