

# Contrast (P)

Count: 32

Wall: 0

Level: Partner

Choreographer: Mark Caley (UK) & Jan Caley (UK)

Music: One Night - J.C. Jones



**Position: Right Side by Side (Sweetheart) facing LOD. Steps are the same for both Man and Lady except where stated**

## **WALKS, SHUFFLES FORWARD**

- 1-2 Walk forward left, right
- 3&4 Left shuffle forward left, right, left
- 5-6 Walk forward right, left
- 7&8 Right shuffle forward right, left, right

## **PIVOT ½ TURN RIGHT, HOLD, PIVOT ½ TURN LEFT, HOLD**

- 1-2 Step forward on left, pivot ½ turn right
- 3-4 Step forward on left, hold

### **Now in Left Side By Side Position facing RLOD**

- 5-6 Step forward on right, pivot ½ turn left
- 7-8 Step forward on right, hold

### **Now in Right Side By Side Position facing LOD**

## **LADY'S FULL TURN RIGHT, SHUFFLE, LADY'S FULL TURN LEFT, SHUFFLE**

- 1-2 **MAN:** Step slightly forward left, right  
**LADY:** Turn over right shoulder left, right
- 3&4 **MAN:** Left shuffle slightly forward left, right, left  
**LADY:** Left shuffle slightly forward left, right, left

### **Counts 1-2 keeping hands together, lady turns under arms to end facing LOD in Right Cross Hand Position**

- 5-6 **MAN:** Step slightly forward right, left  
**LADY:** Turn over left shoulder right, left
- 7&8 **MAN:** Right shuffle slightly forward right, left, right  
**LADY:** Right shuffle slightly forward right, left, right

### **Counts 5-6 keep both hands together, as lady turns to left, finger tip to finger as lady finishes turn to end facing LOD in Right Side By Side Position**

## **PIVOT ½ TURN RIGHT, HOLD, PIVOT ½ TURN LEFT, HOLD**

- 1-2 Step forward on left, pivot ½ turn right
- 3-4 Step forward on left, hold

### **Now in Left Side By Side Position facing RLOD**

- 5-6 Step forward on right, pivot ½ turn left
- 7-8 Step forward on right, hold

### **Now in Right Side By Side Position facing LOD**

## **REPEAT**