Camolida Cha Cha



Count: 0 Wall: 4 Level: Intermediate

Choreographer: Eileen Er Soo Lang

Music: Camolida Cha-cha



Sequence: AAB, AB, AAB, AB, A(30 counts)

INTRODUCTION DANCE:

ROCK SIDE, RECOVER, SIDE SHUFFLE

1-2 Rock right foot to right side with hands sway to right side, recover weight to left foot in place

with hands sway to left side

3&4 Step right to right side, step together with left, step right to right side, (draw circle with hands

from right, left & right to the right)

5-6 Rock left foot to left side, recover weight to right foot in place

7&8 Step left foot to left side, step together with right foot, step left foot to left side, (draw circle

with hands from left, right & left to the left)

PART A

ROCK RECOVER, FORWARD SHUFFLE, WALK WALK, FORWARD SHUFFLE

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1-2	Rock back with right foot, recover weight to left foot

3&4 Step forward with right foot, step together with left foot, step forward with right foot

5-6 Walk forward on left foot, walk forward on right foot

7&8 Step forward with left foot, step together with right foot, step forward with left foot

KICK TURN, FORWARD SHUFFLE, 3/4 TURN RIGHT, SIDE SHUFFLE

1-2	Kick right foot forward, turn ¼ right and swing right foot behind left foot

3&4 Step forward right foot, step together with left foot, step forward with right foot

5-6 Step left foot forward, turn ¾ right and step right foot forward

7&8 Step left foot to left side, step together with right foot, step left foot to left side

FULL TURN, RIGHT SHUFFLE, ROCK RECOVER, BACK SHUFFLE

1-2	Make $\frac{1}{4}$ turn right on right foot forward, make $\frac{3}{4}$ turn right stepping left foot forward
3&4	Step right foot to right side, step together with left foot, step right foot to right side
F C	Dools left foot forward, recovery visible to right foot

5-6 Rock left foot forward, recover weight to right foot

7&8 Step back with left foot, step together with right foot, step back with left foot

BACK SHUFFLE, BACK SHUFFLE, SIDE ROCK RECOVER, POINT

1&2	Step back with right foot, step together with left foot, step back with right foot
3&4	Step back with left foot, step together with right foot, step back with left foot

5-6 Rock right foot to right side, recover weight to left foot

7-8 Point right foot beside left with knees bend slightly and both hands cross in front of chest,

straighten both feet with hands open out like a 'V' sign

PART B

DIAGONAL ROCKING CHAIR, SIDE SHUFFLE

1-2	Rock right foot forward diagonally left, recover weight to left foot in place, (stretch left hand
	straight forward pointing up diagonally, stretch right hand straight behind pointing down

diagonally)

3-4 Rock right foot backward diagonally, recover weight to left foot in place (place left hand on

the left side of waist and push right hand forward diagonally left)

5-6 Rock right foot forward diagonally left, recover weight to left foot in place, (stretch left hand

straight forward pointing up diagonally, stretch right hand straight behind pointing down

diagonally)

DIAGONAL ROCKING CHAIR, SIDE SHUFFLE

Rock left foot forward diagonally right, recover weight to right foot in place, (stretch right hand 1-2 straight forward pointing up diagonally, stretch left hand straight behind pointing down diagonally)

3-4 Rock left foot backward diagonally, recover weight to right foot in place, (place right hand on

the right side of waist and push left hand forward diagonally right)

5-6 Rock left foot forward diagonally right, recover weight to right foot in place, (stretch right hand straight forward pointing up diagonally, stretch left hand straight behind pointing down

diagonally)

7&8 Step left foot to left side, step together with right foot, step left foot to left side

ROCK RECOVER, SIDE SHUFFLE, ROCK RECOVER, SIDE SHUFFLE

1-2 Cross right foot in front of left, recover weight to left foot, (tick with right hand, a diagonal stroke up from left to right) 3&4 Step right foot to right side, step together with left foot, step right foot to right side 5-6 Cross left foot in front of right, recover weight to right foot, (tick with left hand, a diagonal stroke up from right to left) 7&8 Step left foot to left side, step together with right foot, step left foot to left side

SIDE ROCK RECOVER, CROSS SHUFFLE, UNWIND ¾ TURN RIGHT, RECOVER, HOLD

1-2 Rock right to right side, recover weight to left foot in place 3&4 Cross right foot in front of left, step left foot together behind right, , cross right foot forward 5-6 Cross left foot in front of right and unwind 3/4 right turn 7-8 Recover weight to left foot, hold

ENDING PART A - 30 COUNTS:

ROCK RECOVER, FORWARD SHUFFLE, WALK WALK, FORWARD SHUFFLE

Rock back with right foot, recover weight to left foot 1-2 3&4 Step forward with right foot, step together with left foot, step forward with right foot

5-6 Walk forward on left foot, walk forward on right foot

7&8 Step forward with left foot, step together with right foot, step forward with left foot

KICK TURN, FORWARD SHUFFLE, 3/4 TURN RIGHT, SIDE SHUFFLE

1-2 Kick right foot forward, turn 1/4 right and hook right foot behind left foot 3&4 Step forward right foot, step together with left foot, step forward with right foot 5-6 Step left foot forward, turn 3/4 right and step right foot forward 7&8 Step left foot to left side, step together with right foot, step left foot to left side

FULL TURN, RIGHT SHUFFLE, ROCK RECOVER, BACK SHUFFLE

1-2 Make ¼ turn right on right foot forward, make ¾ turn right stepping left foot forward 3&4 Step right foot to right side, step together with left foot, step right foot to right side 5-6 Rock left foot forward, recover weight to right foot 7&8 Step back with left foot, step together with right foot, step back with left foot

BACK SHUFFLE, BACK SHUFFLE, SIDE ROCK RECOVER, POINT

1&2	Step back with right foot, step together with left foot, step back with right foot
3&4	Step back with left foot, step together with right foot, step back with left foot

5-6 Point right foot beside left with knees bend slightly and both hands cross in front of chest.

straighten both feet with hands open out like a 'V' sign