# Caribbean Cadence (P)

Level: Partner

Choreographer: Karen Paakkari

**Count:** 40

Music: Get Into Reggae Cowboy - The Bellamy Brothers

Position: Men face LOD, ladies face RLOD. Right shoulder to right shoulder.

# **RIGHT HEELS**

Couples turn slightly toward each other. Face front with right foot in front at about 45 degrees Tap right heel four times 1-4

# LEFT HEELS

Couples turn back to back. Swivel heels right to face slightly left 5-8 Tap left heel four times

#### SWIVELS, CLAP

# Lean back slightly on the clap, right foot will be as at start

- 9-11 On ball of both feet, swivel heels left, right, left
- 12 Clap hands

#### **HIP BUMPS & ROLLS**

- Push hips to the right twice (towards each other) 13-14
- 15-16 Push hips to the left twice (away from each other)
- 17 Push hips to the right (towards each other)
- 18 Roll hips to the left (away from each other)
- 19 Push hips to the right (towards each other)
- 20 Roll hips to the left (away from each other)

# SHUFFLE IN PLACE, MILITARY TURN

- 21&22 Cha-cha in place right, left, right
- 23 Left step forward
- 24 On ball of both feet, pivot  $\frac{1}{2}$  turn to the right (finish with weight on right)

# SHUFFLE IN PLACE, MILITARY TURN

- Cha-cha in place left, right, left 25&26
- 27 Right step forward
- 28 On ball of both feet, pivot 1/2 turn to the left (finish with weight on left)

# CHA, CHA, CHA, CHANGE PARTNERS, CHA, CHA, CHA,

#### For singles line dance follow ladies

- 29&30 BOTH: Cha-cha in place, right, left, right
- 31-32 MAN: Walk forward left, right
- LADY: Left step forward, right step back
- 33&34 Cha-cha in place left, right, left

#### MILITARY TURNS, STOMP, CLAP

- 35 Right step forward
- 36 On ball of both feet pivot 1/2 turn to the left (finish with weight on left)
- 37 Right step forward
- 38 On ball of both feet pivot  $\frac{1}{2}$  turn to the left (finish with weight on left)
- 39 Right stomp next to left
- 40 Clap hands





Wall: 0

REPEAT