

Carolina

Count: 22

Wall: 4

Level: Beginner

Choreographer: Shirley A. Lockley

Music: Adalida - George Strait



RIGHT GRAPEVINE, HITCH/CLAP, LEFT GRAPEVINE, HITCH/CLAP

1-4 Vine right stepping right, left, right, hitch left knee (clap)

5-8 Vine left stepping left, right, left, hitch right knee (clap)

STEP, HITCH/CLAP, STEP, HITCH/CLAP, BACK, BACK, HIP BUMPS

9-10 Step right forward, hitch left knee (clap)

11-12 Step left forward, hitch right knee (clap)

13-14 Step right back, step left back

15-18 Bump hips right, left, right, left

Left hand on hip, right hand in the air (lasso movement)

¼ TURN, RUNNING MAN

19-20 Step right forward, turn ¼ left (weight to left)

21&22 Cross right over left, cross left over right, step right together

REPEAT
