# C'est La Vie



Count: 0 Wall: 4 Level:

Choreographer: Cindi Talbot (CAN)

Music: C'est La Vie - B\*Witched



Sequence: Either 6 walls of A, then the tag, then A to the end, or else AB AAB A tag BAB

#### PART A

#### SAILOR SHUFFLES, FULL BACK TURN, COASTER STEP

1&2 Right sailor shuffle right-left-right3&4 Left sailor shuffle left-right-left

5-6 Step left foot behind right making backward ½ turn to right but moving to left side, step left

beside right making ½ turn right completing the full backward turn

7&8 Right back coaster step right-left-right

# CHASSE LEFT, MODIFIED TURNING VINE RIGHT

9-10 Take wide step left, clap

&11-12 Quickly step right foot to left. Step left to left, leaving wide space between feet. Clap

13-16 Making a full turn right, step right, step left, step right bending both knees and putting hands

on thighs, step left beside right straightening legs

## 2 KICK-BALL-CHANGES, MONTEREY TURN, 2 RIGHT KICK-BALL CHANGES, ½ PIVOT, ¼ PIVOT

17&18 Right kick-ball change 19&20 Right kick-ball change

21-24 Touch right toe to right, make ½ turn right putting weight. On right, touch left toe left step left

next to right

25&26 Right kick-ball change 27&28 Right kick-ball change

29-30 Step right forward, pivot ½ left, putting weight on left Step right forward, pivot ¼ left, putting weight on left

## **PART B (OPTIONAL)**

## OPEN & CLOSE RIGHT, OPEN & CLOSE LEFT, 2 SHUFFLES FORWARD

1-2 Bring arms up with elbows out, hands in front of face with fingers spread apart. Step right

wide to right bending knees slightly outward and distributing your weight center, arms open up at the same time. Bring right back in beside left, at the same time bring hands back to first

position

3-4 Repeat above on left side
5&6 Shuffle forward right-left-right
7&8 Shuffle forward left-right-left

#### OPEN & CLOSE RIGHT, OPEN &CLOSE LEFT, 2 SHUFFLES BACK

9-10 Repeat 1, 2 11-12 Repeat 3, 4

13&14 Shuffle back right-left-right 15&16 Shuffle back left-right-left

#### TURNING VINE RIGHT, TURNING VINE LEFT

17-20 Right turning vine with a touch(2 claps)
21-24 Left turning vine with a touch (2 claps)

## SLOW JUMPS FORWARD, QUICK JUMPS BACK

&25-26 Jump forward right left, hold (at the same time, bring your arms like you're throwing a basket

ball but with your head bent slightly forward)

&27-28 Same as &25, 26

&29&30&31&32 Quickly jump back right-left, right-left, right-left (at the same time bring head up

arms are circling like something is pushing you back)

&27-28 Jump forward right-left, hold

# **TAG**

# After 6th repetition

1-4 Stand in place and clap your hands over your head 4 times