Cest La Vie



Count: 56 Wall: 0 Level:

Choreographer: Amanda Humphrey (USA)

Music: C'est La Vie - B*Witched



CROSS KICKS

1&2& Kick right across left, step right beside left, kick left across right, step left beside right

3-4 Kick right across left twice

&5&6& Step right beside left, kick left across right, step left beside right, kick right across left, step

right beside left

7-8 Kick left across right twice

LEFT SIDE SHUFFLE, ROCK, RIGHT SIDE SHUFFLE, ROCK

Step left foot to left, step right beside left, step left to left
Rock right across in front of left, recover weight on left
Step right foot to right, step left beside right, step right to right
Rock left across in front of right, recover weight on right

CHASSE' LEFT. FULL TURN LEFT

1-2 Step left foot to left, hold & clap

&3-4 Step right beside left, step left to left, hold & clap (weight on left)

5-6 On ball of left foot pivot 1/4 left and step forward on right, on balls of both feet pivot 1/2 left

placing weight on left

7-8 On ball of left foot pivot ¼ left and step right to right side step left beside right

CHASSE' RIGHT, FULL TURN RIGHT

1-2 Step right foot to right, hold & clap

&3-4 Step left beside right, step right to right, hold & clap (weight on right)

5-6 On ball of right foot pivot ¼ right and step forward on left, on balls of both feet pivot ½ right

placing weight on right

7-8 On ball of right foot pivot ¼ right and step left to left side, touch right beside left

ROCK STEP, TRIPLE STEP, ROCK STEP, TRIPLE STEP

1-2 Rock right across in front of left, recover weight on left

3&4 Triple step in place right-left-right

5-6 Rock left across in front of right, recover weight on right

7&8 Triple step in place left-right-left

LEFT PADDLE TURN, VINE RIGHT

| &1 | Hitch right knee while pivoting 1/4 left on left, touch right to right |
|------|--|
| &2 | Hitch right knee while pivoting 1/4 left on left, touch right to right |
| &3 | Hitch right knee while pivoting 1/4 left on left, touch right to right |
| &4 | Hitch right knee while pivoting 1/4 left on left, touch right to right |
| 5-6 | Step right foot to right side, cross and step left behind right |
| &7-8 | Rock right foot to right, step left in place, step right beside left |

Option: On counts &1&2&3&4 clench both fists in center of chest on the & counts and pump right fist down along right leg and left fist to left shoulder on counts 1-2-3-4)

VINE LEFT, RIGHT PADDLE TURN

| 1-2 | Step left foot to left side, cross and step right behind left |
|------|---|
| &3-4 | Rock left foot to left, step right in place, touch left beside right |
| &5 | Hitch left knee while pivoting 1/4 right on right, touch left to left |

| &6 | Hitch left knee while pivoting ¼ right on right, touch left to left |
|----|---|
| &7 | Hitch left knee while pivoting ¼ right on right, touch left to left |
| &8 | Hitch left knee while pivoting ¼ right on right, touch left to left |
| & | Step left beside right |

Option: On counts &5&6&7&8 clench both fists in center on chest on the & counts and pump left fist down along left leg and right fist to right shoulder on counts 5-6-7-8)

REPEAT