

Bop

Count: 32

Wall: 4

Level: Improver

Choreographer: Lestyn Gilmore (USA)

Music: For a Change - Neal McCoy



RIGHT AND LEFT-SIDE SHUFFLES, RIGHT ROLLING VINE WITH SWAY/HOLD

- 1&2 Side shuffle to the right (right-left-right)
- 3-4 Side shuffle to the left (left-right-left)
- 5-6 Step $\frac{1}{4}$ turn right on right foot; pivot $\frac{1}{4}$ turn right on right and step left on left foot
- 7-8 Pivot $\frac{1}{2}$ turn to the right on left foot and sway right on right; hold the count

SWAY LEFT, SWAY RIGHT, LEFT ROLLING VINE WITH TOUCH

- 9-10 Sway to the left; hold the count
- 11-12 Sway to the right; hold the count
- 13-16 Full rolling turn to the left; touch right foot next to left

BACKWARD SHUFFLES, KICK-BALL-CHANGE, SYNCOPATED OUT-OUT, IN-IN

- 17&18 Shuffle back (right-left-right)
- 19&20 Shuffle back (left-right-left)
- 21&22 Right kick ball change
- &23 Step out to right on right foot; step out to left on left foot
- &24 Step home on right foot; step home on left foot

FORWARD SHUFFLES, $\frac{3}{4}$ TURN BACK (MODIFIED BACK-TURNING VINE), STEPS IN PLACE

- 25-26 Shuffle forward (right-left-right)
- 27-28 Shuffle forward (left-right-left)
- 29-30 Step back $\frac{1}{4}$ turn right on right foot; pivot $\frac{1}{2}$ turn to right on right foot
- 31-32 Step right foot in place; step left foot in place

REPEAT
