The Blister Shuffle



Count: 32 Wall: 2 Level: Intermediate

Choreographer: Emma Wilkinson (UK)

Music: Lost In the Shuffle - Michael Peterson



STEP SCUFFS, CROSS, UNWIND & HIP BUMPS

Step forward right
Scuff left out to left side
Step forward left

4 Scuff right out to right side

Cross right over left and place right hand behind head
Unwind ½ turn left and place left hand behind head
Bump hips right and left with hands behind head

CROSS BEHIND, UNWIND, CLAP, STEP, SCUFF, 1/2 TURN, SCUFF

9 Cross right behind left 10 Unwind ½ turn right 11-12 Clap hands twice 13 Step right in place

14 Scuff left and make ½ turn left

Step left in placeScuff right forward

CHASSE RIGHT, ROCK BACK, CHASSE LEFT, ROCK BACK

17 Step right to right side & Step left beside right 18 Step right to right side 19 Rock back on left foot 20 Rock in place onto right 21 Step left to left side & Step right beside left 22 Step left to left side 23 Rock back on right foot 24 Rock in place onto left

ROLLING VINE RIGHT

25 Step right foot ¼ turn right

26 Pivot ¼ turn right on right and step left to left side

27 Pivot ½ turn right on ball of left foot and step right to right side

28 Step left beside right

SYNCOPATED VINE RIGHT & SCUFF

Step right to right sideCross left behind right

&31 Step right to right side, cross left over right

32 Scuff right foot forward

REPEAT