Blue Train



Count: 48 Wall: 4 Level: Intermediate

Choreographer: R.J. Walker (USA)

Music: Blues for Dixie - Lyle Lovett & Asleep at the Wheel



ROCK-STEP, STEP, HOLD

1-2 Left rock-step to left side, right rock-step back in place

3-4 Left step (slightly in front of right), hold

ROCK-STEP, STEP, HOLD

5-6 Right rock-step to right side, left rock-step back in place

7-8 Right step (slightly in front of left), hold

WALK, WALK, SHUFFLE

1-2 Two steps forward (left-right)3&4 Left shuffle forward (left-right-left)

ROCK-STEP, STEP, HOLD

5-6 Right rock-step forward, left rock-step back

7-8 Right step back, hold

STEP, CROSS, STEP, HOLD

1 Left step back

2 Right step back across left (lock step feet together)

3-4 Left step back, hold

STEP, CROSS, STEP, HOLD

5 Right step back

6 Left step back across right (lock step feet together)

7-8 Right step back, hold

STEP, CROSS, TURN, CLAP

1 Left step side (even with right foot and apart)

2 Cross right foot over left

3-4 ½ turn left (weight change to right foot), clap

LEFT SHUFFLE, RIGHT SHUFFLE

5&6 Left shuffle (left-right-left)7&8 Right shuffle (right-left-right)

LEFT MONTEREY TURN

Point left foot out to left side, bring left foot back in while making ½ turn left
Right foot out to right, bring right foot back together (changing weight to the right)

LEFT SHUFFLE, RIGHT SHUFFLE

5&6 Left shuffle (left-right-left)
7&8 Right shuffle (right-left-right)

LEFT CROSS, RIGHT TURN, RIGHT CROSS, STEP

1-2 Left cross over right at the ankle, right ½ turn (shifting weight to left foot)

3-4 Right cross over left at the ankle, left step to the left

RIGHT ¾ TURN, STEP, RIGHT SHUFFLE

&5-6 With weight on ball of left foot, do a ¾ turn right shoulder back, finishing with a right step on

5, then left step forward

7&8 Right shuffle (right-left-right)

REPEAT