Body Beautiful

Level: Improver

Choreographer: Angie Shirley (UK)

Music: If I Said You Had a Beautiful Body - The Bellamy Brothers

RIGHT RHUMBA, ROCK STEPS, LEFT RHUMBA, ROCK STEPS

- 1-2 Step right foot to right side, hold
- 3-4 Brushing left past right, rock left over right, rock in place right
- 5-6 Step left foot to left side, hold
- 7-8 Brushing right past left, rock back on right, rock in place left

STEP, HOLD, STEP, TURN, SLIDE, TOUCH, ROCK STEPS

- 9-10 Step right foot to right side making ¹/₄ turn right, hold
- 11-12 Step forward on left foot, keeping feet in this position make ³/₄ turn right
- 13-14 Step left foot to left side, slide right next to left (ending with a touch)
- 15-16 Rock back on right foot, rock in place on left

RIGH SHUFFLE, ROCK STEPS, LEFT SHUFFLE, ROCK STEPS

- 17&18 Shuffle forward on right, left, right
- 19-20 Rock forward on left foot, rock in place right
- 21&22 Shuffle back on left, right, left
- 23-24 Rock back on right foot, rock in place left

1/4 TURN, FULL SPIN, SHUFFLE, ROCK STEPS, POINT, PIVOT

- 25-26 Step right foot to right, making ¼ turn right, step forward on left, and on ball of left foot spin 1 full turn right
- 27&28 Shuffle forward on right, left, right
- 29-30 Rock forward onto left foot, rock back onto right
- 31-32 Point left toe back, pivot ½ turn over left shoulder

REPEAT





Count: 32

Wall: 4