

Body Heat

COPPER KNOB
STEPSHEETS

Count: 32

Wall: 4

Level: Intermediate

Choreographer: Derek Steele (USA)

Music: Give Me Just One Night (Una Noche) - 98 Degrees



LEFT SHUFFLE FORWARD, ½ TURN LEFT, ½ TURN LEFT, LEFT SHUFFLE BACK

- 1&2 Shuffle forward left, right, left
- 3-4 Step forward right, turn ½ left (weight on right)
- 5-6 Touch left foot back, turn ½ left on ball of right foot (weight on right)
- 7&8 Shuffle back left, right, left

FULL TURN RIGHT, LEFT SHUFFLE FORWARD, RIGHT SHUFFLE FORWARD, ROCK STEP & ½ TURN LEFT

- 1-2 Step right foot back, turn a full turn right on ball of right foot (weight on right)
- 3&4 Shuffle forward left, right, left
- 5&6 Shuffle forward right, left, right
- 7&8 Rock forward left, recover right, turn ½ left while stepping left

SYNCOPATED LOW KICKS (RIGHT THEN LEFT), & RIGHT STEP INTO ¼ TURN LEFT, LEFT DRAG WITH WEIGHT, RIGHT SAILOR, LEFT SAILOR

- 1&2& Kick right, step right home, kick left, step left home,
- 3-4 Take a big step right with a ¼ turn left, drag left next to right (weight on left)
- 5&6 Step right behind left, step left foot to left, step right foot to right
- 7&8 Sep left behind right, step right foot to right, step left foot to left

MONTEREY WITH ½ TURN RIGHT, WALK RIGHT, WALK LEFT, FORWARD BODY ROLL

- 1-2 Touch right foot to right side, bring right home while turning ½ right (weight on right)
- 3-4 Touch left foot to left side, step left home
- 5-6 Walk forward right, walk forward left
- 7-8 Step forward on right while starting a forward body roll, finish body roll with weight on right

REPEAT

TAG

When using "Uno Noche", at end of 9th wall do a four count hold before starting 10th wall.