The Best Day



Count: 32 Wall: 2 Level: Improver

Choreographer: Andy Williams (USA)

Music: Best Day of My Life - Jesse McCartney



SIDE, TOGETHER, SIDE, TOGETHER, CROSS, TURN 1/4, TURN 1/2, SHUFFLE

1-2	Step side	right sten	left next to right
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3&4 Step right to side, step left next to right, cross right over left

5-6 Step back on left, turning \(\frac{1}{2} \) right, step forward on right turning \(\frac{1}{2} \) right

7&8 Step right forward, step left behind right, step right forward

SHUFFLE FORWARD, HEEL AND TOUCH, COASTER STEP, ROCK, RECOVER, 1/4 TURN

1&2 Step right forward, bring left behind right, step right forward

3&4 Present left heel forward, step down on left, touch right toe behind left

5&6 Step right back, step left next to right, step right forward

7&8 Rock forward left, recover weight to right turning ¼ right step left across right

MAMBO CROSS TWICE, STEP FORWARD ON DIAGONAL HIP GRIND COUNTER TO THE RIGHT

Rock right to side, recover to left, step right across left Rock left to side, recover to right, step left across right

5-8 Step forward on diagonal (1:00) grind hips to the left for 4 counts

Weight should end on left

STEP TURNING 1/4 TWICE, COASTER STEP, ROCK FORWARD RECOVER, COASTER

1-2 Turning ¼ right step forward on right, step back on left turning ¼ right

3&4 Step back right, step left next to right, step forward right

5-6 Rock left forward, recover weight to right

7&8 Step back left, step right next to left, step forward on left

When doing the coasters, (3&4, 7&8) when you step forward to finish the coaster steps bend the knee a little more than normal make it a dip forward with attitude

REPEAT