

Best Of My Love

Count: 32

Wall: 4

Level: Beginner

Choreographer: Louis James Sequeira (SG)

Music: Best of My Love - The Emotions



CROSS ROCK RECOVER, SIDE SHUFFLE TO RIGHT, BACK CROSS ROCK RECOVER, SIDE SHUFFLE TO LEFT

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|-----|--------------------------------------------------------------------------------|
| 1-2 | Step right across left and rock diagonally forward, recover weight on left |
| 3&4 | Side shuffle right - step side right, close left beside right, step side right |
| 5-6 | Back rock on left with left cross behind right, recover on right |
| 7&8 | Side shuffle to left - step side left, close right beside left, step side left |

SHOOP SHOOP

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|-----|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1-4 | Step right forward to right diagonal, step left close to right, step right foot forward to right diagonal, touch left beside right & clap hands (optional) (with both arms locked to waist at $\frac{1}{4}$ turn, hands into fists, swing arms and fist when executing diagonal) |
| 5-8 | Step left forward to left diagonal, step right close to left, step left foot forward to left diagonal, touch right beside left & clap hands (optional) (with both arms locked to waist at $\frac{1}{4}$ turn, hands into fists, swing arms and fist when executing diagonal) |

FULL TURN RIGHT, TOUCH CLAP, FULL TURN LEFT, TOUCH CLAP

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|-----|---------------------------------------------------------------------------------|
| 1-4 | Full turn to right - stepping right-left-right, touch left next to right & clap |
| 5-8 | Full turn to left-stepping left-right-left, touch right next to left & clap |

PIVOT QUARTER LEFT TURN, RIGHT KICK BALL CHANGES WALK WALK

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|-----|-----------------------------------------------------------------------------------------------------------|
| 1-2 | Pivot $\frac{1}{4}$ turn to the left -step right forward, quarter left turn transferring weight onto left |
| 3&4 | Kick right forward, step right beside left, step left in place |
| 5&6 | Kick right forward, step right beside left, step left in place |
| 7-8 | Step right forward, step left forward |

REPEAT
