

# Bite My Lip

**Count:** 48

**Wall:** 2

**Level:** Intermediate

**Choreographer:** Dom Yates (UK)

**Music:** Bite My Lip - Shania Twain



## SHUFFLE FORWARD, FORWARD ROCK, SHUFFLE ½ TURN, FULL TURN

- 1&2 Step forward on right, slide left up to right, step forward on right
- 3-4 Rock forward on left foot, recover weight onto right
- 5&6 Step back on left making ¼ turn to left, slide right up to left, step left making ¼ turn left
- 7-8 Full turn to left stepping right, left

**Option:** walk forward right, left

## SHUFFLE FORWARD, FORWARD ROCK, SHUFFLE ½ TURN, FULL TURN

- 1-8 Repeat steps 1-8

## STEP, LOCK, LOCK STEP, CROSS, SIDE, KICK, SIDE

- 1-2 Step forward on right, lock left up behind right
- 3&4 Step forward on right, lock left up behind right, step forward on right
- 5-6 Cross left over right, step right to right side
- 7-8 Kick left diagonally forward, step left to left side

## SYNCOATED CROSS HOLDS

- 1-2 Cross right over left, hold
- &3-4 Step left to side, cross right over left, hold
- &5&6 Step left to side, cross right over left, step left to side, cross right over left
- &7-8 Step left to side, cross right over left, hold

## POINTS, KICK, CROSS, HEEL BOUNCES UNWINDING ½ TURN

- 1-2 Point left to left side, step left next to right
- 3-4 Point right to right side, step right next to left
- 5-6 Kick left foot forward, cross left over right
- 7-8 Unwind ½ turn to right bouncing heels twice

## STEP, SLIDE, HEEL SPLITS, TOE SPLITS

- 1-2 Step forward on right, hold
- 3-4 Slide left up to right over 2 counts
- 5-6 Split heels apart, bring heels together
- 7-8 Split toes apart, bring toes together (weight ends on left)

**REPEAT**