The Beat



Count: 32 Wall: 2 Level: Beginner

Choreographer: Maureen Jones (UK) & Michelle Jones (UK)

Music: Drop the Pressure (Radio Edit) - Mylo



DIAGONAL WALKS, KICK, DIAGONAL WALKS BACK

1-3 Traveling on the left diagonal walk forward stepping right, left, right

4 Kick left forward and click fingers at shoulder height

5-8 Traveling diagonally back right walk back stepping left, right, left, right

DIAGONAL WALKS, KICK, DIAGONAL WALKS BACK

9-11 Traveling on the right diagonal walk forward stepping left, right, left

12 Kick right forward and click fingers at shoulder height

13-16 Traveling diagonally back left walk back stepping right, left, right, left

ROCKING CHAIR, STEP, POINT, STEP, POINT

17-18	Rock right forward, recover onto left
19-20	Rock right back, recover onto left
21-22	Step right forward, point left to left
23-24	Step left forward, point right to right

1/4 PIVOT, 1/4 PIVOT, STEP, SCUFF, SHUFFLE

25-26 Step right forward, pivot ¼ turn left

27-28 Repeat counts 25-26

29-30& Step right forward, scuff left forward 31&32 Shuffle on the spot stepping left, right, left

For a Latin feel add hip sways on the rocking chair and the 1/4 pivots

REPEAT