

# The Bam-A-Shag

Count: 32

Wall: 2

Level: Improver

Choreographer: Gloria Johnson (USA) & Dusty Miller (USA)

Music: Dancin', Shaggin' On the Boulevard - Alabama



## FORWARD SHUFFLE, TRIPLE-STEP IN PLACE

- 1&2 Shuffle forward stepping on right, left, right  
3&4 Triple-step in place stepping on left, right, left

## CROSS-ROCK, TRIPLE-STEP IN PLACE

- 5-6 Rock step right over left; step left in place swinging right back over left  
7&8 Triple-step in place stepping on right, left, right  
9-10 Rock-step left over right; step right in place while swinging left back over right  
11&12 Triple-step in place stepping on left, right, left

## ROCKING ¼ TURN

- 13 Rock step right foot to right side (weight changes to right foot) pivoting ¼ turn left on ball of right foot  
14 Step left foot in place  
15 Rock step right foot to right side  
16 Rock weight back onto left foot

## SHUFFLE, ½ TURN

- 17&18 Shuffle forward on right, left, right  
19-20 Step left foot forward; pivot ½ turn to the right

## SHUFFLE, SHUFFLE

- 21&22 Shuffle forward on left, right, left  
23&24 Shuffle forward on right, left, right

## ½ TURN, SHUFFLE

- 25-26 Step forward on left foot; pivot ½ turn to the right  
27&28 Shuffle forward on left, right, left

## ROCKING ¼ TURN

- 29 Rock step right foot to right side (weight changes to right foot)  
& Pivot ¼ turn left on ball of right foot  
30 Step left foot in place  
31 Rock step right foot to right side  
32 Rock weight back onto left foot

## REPEAT

---