

Avenuen

COPPER KNOB
BY STEPHEN METZ

Count: 24

Wall: 2

Level: Beginner

Choreographer: Anne Månsson

Music: Avenuen - Trine Dyrholm



TOE STRUT RIGHT FOOT, TURN ¼ LEFT AND TOE STRUT LEFT FOOT, BACK ¼ TURN AND REPEAT

- 1-2 Right toe forward and strut foot down (with weight)
- &3-4 Turn ¼ left and put left toe forward and foot down (with weight)
- 5-6 Turn ¼ back to the right, and right toe forward and down (with weight)
- &7-8 Repeat &3-4

Turn your body, and stay in place, but ending with face 9:00

DIAGONAL FORWARD RIGHT AND TAP TOE IN PLACE TAP TOE, REPEAT BACK

- 1-2 Diagonal forward on right foot, and tap left toe beside right
- 3-4 Back in place left foot and tap right toe beside left
- 5-6 Diagonal back on right foot and tap left toe beside right
- 7-8 Forward left in place touch right beside left

You can bend a little in you knee with every toe tap's

VINE RIGHT, VINE LEFT WITH ¼ TURN LEFT WITH SCUFF

- 1-2 Right to the right side, left behind right
- 3-4 Right to right side and touch left beside right
- 5-6 Left to the left side right behind left
- 7-8 Left to the left with ¼ turn left, and scuff right beside left

REPEAT

ENDING

Forward left turn ¼ over right and your have face in front

This dance is dedicated to my dancers from Dalvangen
