# Always In The Band

| **Count:** 32 | **Wall:** 2 | **Level:** Intermediate |
|---|---|---|

**Choreographer:** Roy Thompson (UK)

**Music:** Always In the Band - Lonestar

## COASTER STEP, PIVOT ¼ CROSS, SIDE, BACK ROCK RECOVER, ¼ TURN, ½ TURN, TOGETHER

| 1&2 | Step back on right, step left next to right, step forward on right |
|---|---|
| 3&4 | Step forward on left, pivot ¼ turn right, cross left over right |
| 5 | Step right to right side |
| 6&7 | Rock left behind right, recover on right, ¼ turn right stepping back on left |
| 8& | ½ turn right stepping forward on right, step left next to right |

## SIDE, BACK ROCK RECOVER SIDE, BEHIND SIDE CROSS, SWAY RECOVER BEHIND, 1 ¼ TURN

| 1 | Step right to right side |
|---|---|
| 2&3 | Rock left behind right, recover on right, step left to left side |
| 4&5 | Step right behind left, step left to left side, cross right over left |
| 6&7 | Rock left to left side, recover on right(&), step left behind right |
| 8&1 | ¼ turn right stepping forward on right, ½ turn right stepping back on left, ½ turn right stepping forward on right |

**Alternate:**

| 8&1 | Make ¼ turn right then step lock step |
|---|---|

## JAZZ BOX ¼ TURN, EXTENDED WEAVE, BACK ROCK RECOVER, FULL TURN RIGHT

| 2&3 | Cross left over right, step back on right, ¼ turn left stepping left to left side |
|---|---|
| 4&5 | Cross right over left, step left to left side, step right behind left |
| &6& | Step left to left side, cross right over left, step left to left side |
| 7& | Rock right behind left, recover on right |
| 8&1 | ¼ turn right stepping forward on right, ½ turn right stepping back on left, ¼ turn right stepping right to right side |

**Alternate:**

| 8&1 | Chasse to the right |
|---|---|

## CROSS ROCK RECOVER SIDE, CROSS SHUFFLE, ¼ TURN BACK, ¼ STEP LOCK STEP, TOGETHER

| 2&3 | Cross rock left over right, recover on right, step left to left side |
|---|---|
| 4&5 | Cross right over left, step left to left side, cross right over left |
| 6 | ¼ turn right stepping back on left |
| 7&8 | ¼ turn right stepping forward on right, lock left behind right, step forward on right |
| & | Step left next to right |

## REPEAT

## TAG
4 counts after wall 3 (facing back wall)
### 4 SWAYS

| 1-4 | Sway right, left, right, left |
|---|---|

## RESTART
After the tag, dance the first 8 counts, then restart (facing back wall), (the beat will kick in)