All Jacked Up



Count: 64 Wall: 2 Level: Improver

Choreographer: DJ Dan (NL) & Wynette Miller (NL)

Music: All Jacked Up - Gretchen Wilson



SIDE, TOGETHER, STEP BACK, HOLD; ROCK STEP BACK, STEP FORWARD, HOLD

Step right to right side, step left next to right, step right back, hold
Rock left back, recover weight onto right, step left forward, hold

HEEL, SLAP, HEEL, SLAP; ROCK STEP BACK, STEP FORWARD, HOLD

1-2 Touch right heel forward, hook right in front of left slap right heel with left hand

Touch right heel forward, flick right out slap right heel with right hand Rock right back, recover weight onto left, step right forward, hold

SWIVEL RIGHT, HOLD, SWIVEL LEFT, HOLD; SWIVEL RIGHT, LEFT, SWIVEL RIGHT ½ TURN LEFT, HOLD

1-4 Swivel both heels to right, hold, swivel both heels to left, hold

5-6 Swivel both heels to right, swivel both heels to left

7-8 Swivel both heels to right ½ turn left weight ends on right, hold (6:00)

BACK, LOCK, BACK, LOCK; SLOW COASTER CROSS, HOLD

1-4 Step left back, lock right across left, step left back, lock right across left

5-8 Step left back, step right next to left, cross left over right, hold

RIGHT SIDE, HOLD, BEHIND, HOLD; SCISSOR STEPS, HOLD

1-4 Step right to right side, hold, cross left behind right, hold

5-8 Step right to right side, step left next to right, cross right over left, hold

LEFT SIDE, HOLD, BEHIND, HOLD; SCISSOR STEPS, HOLD

1-4 Step left to left side, hold, cross right behind left, hold

5-8 Step left to left side, step right next to left, cross left over right, hold

STEP, LOCK, STEP, HOLD; MAMBO FORWARD, HOLD

1-4 Step right forward, lock left behind right, step right forward, hold

5-8 Rock left forward, recover weight onto right, step left next to right, hold

BACK, LOCK, BACK, HOLD; SLOW COASTER STEP, HOLD

Step right back, lock left across right, step right back, hold
Step left back, step right next to left, step left forward, hold

REPEAT

RESTART

On wall 5, dance up to count 48 and start again from the beginning