

All Messed Up

Count: 64

Wall: 4

Level:

Choreographer: Max Perry (USA)

Music: All Messed Up - Joey Reed



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|-----|---|
| 1-4 | 2 heel splits |
| 5-8 | (Right hook), touch heel forward, hook in front, touch heel forward, together |
| 1-4 | 2 heel splits |
| 5-8 | (Left hook), touch heel forward, hook in front, touch heel forward, together |
| 1-4 | Vine right, scuff |
| 5-8 | Vine left, scuff |
| 1-4 | Step side, stomp together, step side, stomp together |
| 5-8 | Step forward & turn $\frac{1}{4}$ to left, in place, kick forward twice |
| 1-4 | Step back, back, back, touch toe back |
| 5&6 | Left shuffle forward |
| 7&8 | Right shuffle forward |
| 1-4 | Rock step forward, in place & clap, rock back, in place & clap |
| 5-8 | Rock step forward, in place & clap, rock back, in place & clap |
| 1&2 | Left shuffle forward |
| 3-4 | Rock forward, in place |
| 5-8 | (1- $\frac{1}{2}$ pivot right), turn $\frac{1}{2}$ right as you step forward, turn $\frac{1}{2}$ right as you step back, turn $\frac{1}{2}$ right as you step forward, together |
| 1-8 | Touch heel forward, together, touch heel forward, together, touch heel forward, together, touch heel forward, together |

REPEAT