

Lord Of Pain

Count: 32

Wall: 2

Level: Beginner

Choreographer: Frida Axelsson (SWE) - August 2007

Music: Better Man - Robbie Williams : (CD: Sing When You're Winning)



16 count intro

STEP LF SIDE LEFT, ROCK RF BACK, RECOVER, SHUFFLE SIDE RIGHT TURN ¼ R, ROCK LF FWD, RECOVER, 1 ½ TURN L

- 1 LF step left
- 2 RF rock back
- 3 LF recover
- 4 RF step right
- & LF step beside RF
- 5 RF step right, turn ¼ right
- 6 LF rock forward
- 7 RF recover
- 8 LF step back, turn ½ left
- & RF step forward, turn ½ left
- 1 LF step back, turn ½ left

ROCK RF FWD, RECOVER, ¾ TURN L, STEP RF SIDE RIGHT, ROCK LF BACK, RECOVER, LEFT SHUFFLE TURN ½ L

- 2 RF rock forward
- 3 LF recover
- 4 RF step back, turn ¼ left
- & LF step side left, turn ¼ left
- 5 RF turn ¼ left, step side right
- 6 LF rock back
- 7 RF recover
- 8 LF step left, turn ¼ left
- & RF step beside LF
- 1 LF step forward, turn ¼ left

STEP RF SIDE RIGHT, SWEEP LF TURN ½ R, HITCH, CROSS, TWIST ½ TURN R, TWIST ¼ TURN L, COASTER STEP

- 2 RF step right
- 3 LF sweep from left to right turning ½ right
- 4 LF hitch
- 5 LF cross over RF
- 6 twist and turn ½ right
- 7 twist and turn ¼ left, weight on RF
- 8 LF step back
- & RF step beside LF
- 1 LF step forward

ROCKING CHAIR, STEP TURN ¾ L, STEP RF SIDE RIGHT, ROCK LF BACK, RECOVER

- 2 RF rock forward
- 3 LF recover
- 4 RF rock back
- 5 LF recover
- 6 RF step forward, turn ½ left
- & LF step forward, turn ¼ left
- 7 RF step right
- 8 LF rock back
- & RF recover

