

Don't Change Horses (In The Middle Of A Stream)



Count: 32

Wall: 4

Level: Intermediate

Choreographer: Mikael Mölsä (FIN) - July 2007

Music: Don't Change Horses (In the Middle of a Stream) - Tower Of Power : (CD: Back to Oakland)



Starting point: At the vocals, at 0:11

STEP, STEP, SHUFFLE BACK, SWEEPS BACK, SAILOR STEP

- 1-2 Step right forward, step left forward
- 3&4 Shuffle back right-left-right
- 5-6 Sweep left from front to back (weight ends up on left), sweep right from front to back (weight ends up on right)
- 7&8 Step left behind right, step right next to left, step left to side

JUMP OUT, HIP ROLL, WIZARD OF OZ'S

- &1 Jump out right-left
- 2-3-4 Roll hips counterclockwise for three counts (weight ends up on right)
- 5-6& Step left diagonal, lock right behind left, step left diagonal
- 7-8& Step right diagonal, lock left behind right, step right diagonal
- Option: If you don't want to do the hip roll, you can just move the weight to the right foot and hold during the 3 counts.

DIAGONAL STEP, STEP TOGETHER, DIAGONAL STEP, TOUCH TOGETHER, 2 x 1/4 PIVOTS

- 1-2 Step left diagonal, step right next to left
- 3-4 Step left diagonal, touch right next to left
- 5-6 Step right forward, turn 1/4 to left
- 7-8 Step right forward, turn 1/4 to left

JUMP FORWARD, CLAP, JUMP BACK, CLAP, HIP WALK, 1/4 TURNING HIP WALK

- &1-2 Jump out & forward right, left, clap hands
- &3-4 Jump out & back right, left, clap hands
- 5&6 Step right forward and bump hips to right, left, right
- 7&8 Turn 1/4 to left with stepping left forward and bumping hips to left, right, left
- Option: You can replace the claps (on counts 2 & 4) with hip bumps should you feel like it. In that case the first clap should be replaced with a hip bump to the left, and the second with a hip bump to the right. Also, should you not want to do the hip bumps forward, you can replace counts 5-8 with steps forward right-left-right-left. Just remember to turn with the last step a 1/4 to the left.

REPEAT