To The Limit



Count: 40 Wall: 4 Level: Improver

Choreographer: Jace Andrus (USA) - February 2007

Music: Push It to the Limit - Corbin Bleu

The choreographer was age 9 when this dance was created

Or Music: White Line Casanova by Brooks & Dunn [136 bpm Polka / Borderline]

DROP RIGHT HEEL 3X, STEP RIGHT, TOUCH LEFT, DROP LEFT HEEL 3X, STEP LEFT, TOUCH RIGHT

1-3 Touch right toe forward as you drop right heel 3 times (pushing both hands down 3x from

waist toward right foot with counts)

&4 Step right next to left, touch left foot to left

5-7 Drop left heel 3 times (pushing both hands down 3x from waist toward right foot with counts)

&8 Step left next to right, touch right foot to right

STEP RIGHT, SAILOR LEFT, STEP LEFT, STEP RIGHT, SAILOR LEFT, STEP LEFT, STEP RIGHT, STEP LEFT

Step right to right side (pushing both hands down from waist to left side)
(Sailor step) step left behind right, step right beside left, step left to left
Step right to right side (pushing both hands down from waist to left side)
(Sailor step) step left behind right, step right beside left, step left to left

7-8 Step right next to left, step left next to right

BACK, SIDE, FRONT, LUNGE KICK, STEP, JAZZ BOX, LUNGE RIGHT (WITH SHOULDER), STEP

1&2 Step right behind left, step left beside right, step right in front of left

3 Jump into a lunge left with left foot, sliding and kicking right low kick to right

4 Step right across left

Step back left, step right next to left, cross left in front of right

7 Jump into a lunge right with right, slightly sliding and kicking left low kick to left lifting right

shoulder

8 Step left next to right

REPEAT 3RD SET

1-8 Repeat 3rd set

STEP BACK RIGHT, LEFT, ¼ KNEE ROLL LEFT, WALK BACK RIGHT, LEFT, TURN ½ RIGHT, WALK RIGHT, LEFT

1-2 Step back right, step left next to right

3-4 With bent knees and heels raised, roll knees to left ¼ turn dropping heels on count 4

Counts 5, 8 are kinda like the moon walk

5-6 Walk back right, left, sliding & dragging toes as you walk

7-8 Turn ½ right dragging right toes and step forward right, step forward left, dragging left toes

REPEAT

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