

# Betty Lou's Boogie

**COPPERKNOB**  
STEPPERS

Count: 48

Wall: 4

Level: Improver

Choreographer: Anita McNab (CAN)

Music: Betty Lou's Gettin' Out Tonight - Bob Seger & The Silver Bullet Band



Or Music: Givin' It Up ? Delbert McClinton

## **RIGHT HEEL FORWARD, HOME, LEFT HEEL FORWARD, HOME, 2 HEEL SPLITS**

1-4 Tap Right heel forward, Step home, Tap Left heel forward, Step home (Feet together)  
5-8 Both heels out to the sides, Home, Both heels out to the side, Home

## **RIGHT HEEL FORWARD, HOME, LEFT HEEL FORWARD, HOME, 2 HEEL SPLITS**

1-4 Tap Right heel forward, Step home, Tap Left heel forward, Step home (Feet together)  
5-8 Both heels out to the sides, Home, Both heels out to the side, Home

## **GRAPEVINE RIGHT, TWIST LEFT, RIGHT, LEFT, RIGHT**

1-4 Step side Right, Left behind, Side Right, Touch Left toe forward on angle  
5-8 Do the Twist: Heels going left, right, left, right (Weight on Right)  
(Option: After completing count 4, turn your left heel R, L, R, L - like putting out a cigarette)

## **GRAPEVINE LEFT, TWIST RIGHT, LEFT, RIGHT, LEFT**

1-4 Step side Left, Right behind Left, Side Left, Touch Right toe forward on angle  
5-8 Do the Twist: Heels going right, left, right, left (Weight on left)  
(Option: After completing count 4, turn your right heel L, R, L, R - like putting out a cigarette)

## **ANGLE FORWARD RIGHT, TOUCH LEFT, FORWARD LEFT, TOUCH RIGHT, FORWARD RIGHT, TOUCH LEFT, FORWARD LEFT, TOUCH RIGHT**

1-4 Forward Right on angle, Touch Left beside, Forward Left on angle, Touch Right beside  
5-8 Forward Right on angle, Touch Left beside, Forward Left on angle, Touch Right beside  
(When doing these steps, your knees will point inward on the touches)

## **WALK BACK RIGHT, LEFT, RIGHT, TOUCH LEFT**

1-4 Walk back starting on Right, Left, Right, Touch Left beside Right

## **GRAPEVINE LEFT (OR ROLLING VINE) WITH ¼ TURN LEFT, TOUCH RIGHT BESIDE LEFT**

1-4 Step side Left, Right behind Left, Step ¼ turn left with Left, Touch Right beside Left

**BEGIN AGAIN**