

# Sea Legs (aka Meg's Sea Legs)

**COPPER** KNOB  
STEPSHEETS

Count: 32

Wall: 1

Level: Beginner

Choreographer: Chris Cleevely (UK) - September 2006

Music: I'm from the Country - Tracy Byrd : (Album: Toe The Line 4)



## Start on vocals.

Or Music: ?Mony Mony? (141bpm) by The Dean Bros (Simply The Best Linedancing Album) Start on vocals.  
(Written for Meg on Royal Caribbean?s ?Legend Of The Seas?.)

## Walk, Walk; ½ Turn Left; Toe Struts Forward

- 1 - 2 Walk forward right, walk forward left
- 3 - 4 Step forward on right and pivot ½ turn left (weight on left)
- 5 - 6 Touch right toe forward, drop right heel
- 7 - 8 Touch left toe forward, drop left heel

## Walk, Walk; ½ Turn Left; Toe Struts Forward

- 9 - 10 Walk forward right, walk forward left
- 11 - 12 Step forward on right and pivot ½ turn left (weight on left)
- 13 - 14 Touch right toe forward, drop right heel
- 15 - 16 Touch left toe forward, drop left heel

## Step Forward Right, Touch, Step Back Left, Touch; Step Right Side, Touch, Step Left Side, Touch

- 17 - 18 Step forward on right, touch left toe by right
- 19 - 20 Step back on left, touch right toe by left
- 21 - 22 Step right to right side, touch left toe behind right
- 23 - 24 Step left to left side, touch right toe behind left

## Right, Together, Right, Touch; Left, Together, Left, Touch

- 25 - 26 Step right to right side, step left next to right
- 27 - 28 Step right to right side, touch left toe by right
- 29 - 30 Step left to left side, step right next to left
- 31 - 32 Step left to left side, touch right toe by left

## REPEAT DANCE